

Integrative Masterclass

Connecting the Dots in Cardiometabolic Medicine: Integrative Approaches to Improve Patient Care

4/29-4/30, 2022 at the Diplomat Beach Resort in Hollywood, FL

DAY 1 - Friday, April 29

Start	End	ANCC Pharmacotherapy Hours	Session	Speaker(s)
Lifestyle, Environment & Genetics: Pathways To Address Cardiometabolic Risk				
7:30 AM	7:40 AM	0	Welcome and Introduction	Mark C. Houston, MD
7:40 AM	8:15 AM	0	Nutrition and Cardiometabolic Disease	Deanna Minich, PhD
8:15 AM	8:50 AM	0	Obesity Pharmacotherapy & Metabolic Surgery: Latest Evidence in Obesity Management and Cardiometabolic Risk Reduction	Donna H. Ryan, MD
8:50 AM	9:25 AM	0	Stress Management, Sleep & Recovery	Virend Somers, MD
9:25 AM	10:00 AM	0	Nutrigenomics and Cardiometabolic Disease	Mark C. Houston, MD
10:00 AM	10:35 AM	0	Environmental Toxins and Increased Cardiometabolic Risk: Exploring the Links & Evidence	Joseph E. Pizzorno, ND
10:35 AM	11:15 AM	0	Expert Panel Discussion and Q & A	Mark C. Houston, MD and all Session Faculty
Cardiovascular Disease				
1:15 PM	2:25 PM	0.2	Vascular Aging, Inflammation, Oxidative Stress Immune Dysfunction and Cardiovascular Disease	Mark C. Houston, MD
2:25 PM	3:00 PM	0	Coronary Heart Disease and Myocardial Infarction: Prevention, Testing, and Treatment	Tracy Y. Wang, MD
3:00 PM	3:35 PM	0	The Evolving Spectrum of Heart Failure: Prevention, Testing, and Treatment	Ileana Piña, MD
3:35 PM	4:15 PM	0	Expert Panel Discussion and Q & A	Mark C. Houston, MD and all Session Faculty

DAY 2 - Saturday, April 30				
Hypertension & Lipids				
7:30 AM	7:35 AM	0	Opening Remarks	George L. Bakris, MD
7:35 AM	8:15 AM	0.1	Integrative Management of Hypertension: From Nutraceuticals to Pharmacotherapy	Mark C. Houston, MD
8:15 AM	8:55 AM	0	Integrative Management of Dyslipidemia: Role of Nutrition, Exercise and Weight Management	Kristina Petersen PhD, APD, FAHA
8:55 AM	9:35 AM	0.2	Novel Approaches in Dyslipidemia Management: From LDL-C Lowering to HDL Functionality	Christie M. Ballantyne, MD
9:35 AM	10:15 AM	0.2	The Controversy of Omega 3-fatty Acids for Dyslipidemia and CV Risk Reduction	Erin D. Michos, MD
10:15 AM	11:00 AM	0	Expert Panel Discussion and Q & A	George L. Bakris, MD and all Session Faculty
Type 2 Diabetes and Kidney Disease				
12:40 PM	1:15 PM	0	Can We Slow the Progression of Diabetes or Reverse It?	Filomena Trindade, MD
1:15 PM	2:05 PM	0.4	Emerging Treatment Options in Diabetes: Addressing Clinical Inertia and Improving Outcomes <i>Supported by an educational grant from Lilly USA, LLC.</i>	Jennifer B. Green, MD
2:05 PM	2:40 PM	0	Prevention, Screening and Treatment of Chronic Kidney Disease	Matthew R. Weir, MD
2:40 PM	3:15 PM	0.2	Improved Cardio-Renal Outcomes: The New Kids on the Block	George L. Bakris, MD
3:15 PM	3:50 PM	0	Metabolomics in CKD and Diabetic Kidney Disease	Kumar Sharma, MD
3:50 PM	4:30 PM	0	Expert Panel Discussion and Q & A	George L. Bakris, MD and all Session Faculty
Total Hours		1.3		