



# Foundations of Cardiomtabolic Health Certification Course

Certified  
Cardiomtabolic Health  
Professional (CCHP)



MODULE 5

# Lipid Management

## 2. SCREENING AND TREATMENT OF HYPERCHOLESTEROLEMIA AND HYPERLIPIDEMIA

Important Guidelines, Statements, and Reports:

- 2018 AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA Guideline on the Management of Blood Cholesterol: Full Guidelines (+)
- 2018 AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA Guideline on the Management of Blood Cholesterol: Executive Summary (+)
- 2019 ESC/EAS Guidelines for the management of dyslipidaemias: lipid modification to reduce cardiovascular risk: The Task Force for the management of dyslipidaemias of the European Society of Cardiology (ESC) and European Atherosclerosis Society (EAS) (+)
- Lipid Measurements in the Management of Cardiovascular Diseases: Scientific Statement- National Lipid Association (+)
- Coronary Artery Calcium Scoring to Guide Prevention of ASCVD- National Lipid Association (+)
- Genetic Testing in Dyslipidemia- A Scientific Statement from the National Lipid Association (+)
- Prevention of Atherosclerotic Cardiovascular Disease in South Asians in the US -A Clinical Perspective from the National Lipid Association (+)
- Dietary Cholesterol and Cardiovascular Risk: A Science Advisory from the American Heart Association (+)
- Lipid Management in Patients with Endocrine Disorders: A Clinical Practice Guideline from the Endocrine Society (+)
- 2021 Dietary Guidance to Improve Cardiovascular Health: A Scientific Statement From the American Heart Association (+)



## 2. SCREENING AND TREATMENT OF HYPERCHOLESTEROLEMIA AND HYPERLIPIDEMIA

Important Suggested Readings and Resources:

- ASCVD Risk Estimator Plus (+)
- Blood Cholesterol (+)
- AHA- about cholesterol (+)
- Cholesterol Tools and Resources (+)
- Clinical Genetic Testing for Familial Hypercholesterolemia: JACC Scientific Expert Panel (+)
- Utilization of Clinical Testing in the Setting of Dyslipidemia (+)
- LDL-C Estimation: The Perils of Living with Imperfection\* (+)
- A New Equation for Calculation of Low-Density Lipoprotein Cholesterol in Patients With Normolipidemia and/or Hypertriglyceridemia (NIH Equation) (+)
- Validation of the Friedewald Equation for Evaluation of Plasma LDL-C (+)
- Comparison of a Novel Method vs. the Friedewald Equation for Estimating LDL-C Levels from the Standard Lipid Profile (Martin-Hopkins Equation) (+)
- ACC/AHA lipid guidelines: Personalized care to prevent cardiovascular disease (+)
- Framingham Heart Study (+)
- Approach to the Patient with Dyslipidemia (+)
- The effects of foods on LDL cholesterol levels: A systematic review of the accumulated evidence from systematic reviews and meta-analyses of randomized controlled trials (+)
- The Effect of Diet on Cardiovascular Disease and Lipid and Lipoprotein Levels (+)
- Lipid-Modifying Agents, From Statins to PCSK9 Inhibitors: JACC Focus Seminar (+)
- PCSK9-targeted therapies: present and future approaches (+)
- Pooled Patient-Level Analysis of Inclisiran Trials in Patients with Familial Hypercholesterolemia or Atherosclerosis (+)
- Evinacumab for Homozygous Familial Hypercholesterolemia (+)
- Prevalence of statin intolerance: a meta-analysis (+)