












3. SMOKING CESSATION

Important Guidelines, Statements, and Reports

- a. 2018 ACC Decision Pathway on Tobacco Cessation Treatment 
- b. Smoking Cessation: A Report of the Surgeon General – Key Findings 
- c. Initiating Pharmacologic Treatment in Tobacco-Dependent Adults. An Official American Thoracic Society Clinical Practice Guideline 

Important Suggested Readings and Resources:

- a. Interventions for Tobacco Smoking Cessation in Adults, Including Pregnant Persons: US Preventive Services Task Force Recommendation Statement. 
- b. Biomedical risk assessment as an aid for smoking cessation 
- c. Inclusion of Smoking Data in Cardiovascular Disease Risk Estimation 
- d. Incidence of Cigarette Smoking Relapse Among Individuals Who Switched to e-Cigarettes or Other Tobacco Products 
- e. Improvement In HRQoL Among Smokers Who Quit After Hospitalization 
- f. More about tobacco control and prevention and quitting smoking, visit: 
www.CDC.gov/tobacco
www.CDC.gov/quit
www.Smokefree.gov