



Foundations of Cardiomatabolic Health Certification Course

Certified
Cardiomatabolic Health
Professional (CCHP)



MODULE 3

Diabetes

1. DIABETES SCREENING & DIAGNOSIS AND PHARMACOLOGIC APPROACHES FOR THE TREATMENT OF TYPE 2 DIABETES

Important Guidelines, Statements, and Reports

- American Diabetes Association (ADA)- Standards of Medical Care in Diabetes—2022 
- American Association of Clinical Endocrinology (AACE) - Comprehensive Type 2 Diabetes Management Algorithm (2020) - Executive Summary 
- US Preventive Services Task Force Recommendation Statement – Screening for Prediabetes and Type 2 Diabetes 
- Comprehensive Management of Cardiovascular Risk Factors for Adults with Type 2 Diabetes: A Scientific Statement from the American Heart Association 
- 2020 KDIGO Guidelines – Diabetes in CKD 
- 2019 ESC/EASD Guidelines on Diabetes, Pre-Diabetes, and Cardiovascular Disease 



1. DIABETES SCREENING & DIAGNOSIS AND PHARMACOLOGIC APPROACHES FOR THE TREATMENT OF TYPE 2 DIABETES




Important Suggested Readings and Resources:

- Clinical Management of Stable Coronary Artery Disease in Patients with Type 2 Diabetes Mellitus: A Scientific Statement from the American Heart Association 
- CDC- Diabetes Basics (Information for Patients) 
- CDC – Information for Diabetes Professionals 
- ADA-Risk test 
- IDF Diabetes Atlas 
- An Effective Model of Diabetes Care and Education: The ADCE7 Self-Care Behaviors™ 
- CDC – National Diabetes Prevention Program 
- Social Determinants of Health and Diabetes: A Scientific Review 
- ADA – Practice Guidelines Resources 
- ADA 2022 Standards of Care – Classification and Diagnosis of Diabetes 








2. INTENSIVE & ADVANCED GLYCEMIC MANAGEMENT OF DIABETES

Important Guidelines, Statements, and Reports

- American Association of Clinical Endocrinology (AACE) 2021 Guideline on Advanced Diabetes Technology 
- Clinical Targets for Continuous Glucose Monitoring Data Interpretation: Recommendations from the International Consensus on Time in Range 
- 2022 ADA Standards of Care – Diabetes Technology 

Important Suggested Readings and Resources:

- Integrating Continuous Glucose Monitoring Into Clinical Practices and Patients' Lives 
- AACE: Billing Codes for Personal and Professional CGM Visits and Services 
- CGM and Time in Range 
- New closed-loop insulin systems 
- Association of Diabetes Care & Education Specialists: Practice Resources 
- A Clinical Guide to Advanced Diabetes Devices and Closed-Loop Systems Using the CARES Paradigm 
- The Diabetes Care and Education Specialist's Role in Continuous Glucose Monitoring 