

Painweek.

ADVANCED EDUCATION

CERTIFICATION SERIES

CANNABINOIDS

A repeating pattern of stylized cannabis leaves in a dark green color, serving as a background for the 'CANNABINOIDS' text.

Cannabis & Cannabinoid Pharmacology

Mark Garofoli, PharmD, MBA, BCGP, CPE

Faculty Disclosure

- **Consulting Fee:** HealthXL, Speranza
- **Other:** Expert Witness—Cardinal Health

This presentation was not a part of the presenter's official duties at the WVU and does not represent the opinion of WVU

Learning Objectives

- Distinguish between cannabis, cannabis sativa, cannabis indica, hemp, marijuana, and cannabinoids with particular attention to cannabidiol (CBD) and delta-9-tetrahydrocannabinol (THC).
- Recall the physiological effects of the human endocannabinoid system stemming from CB1 and CB2 receptors, PPARs, TRPVs, GPCRs, fatty acid binding proteins, biosynthesis enzymes, and degradation enzymes, all in relation to the physiological effects.
- Recall the respective pharmacology of cannabinoids including endocannabinoids, phytocannabinoids, and synthetic cannabinoids.

“Multiple Cannabis Personality Disorder”

Cannabis

CBD

THC



Weed

Hemp

Marijuana



*Not real. Conceptual.

Cannabis Plants

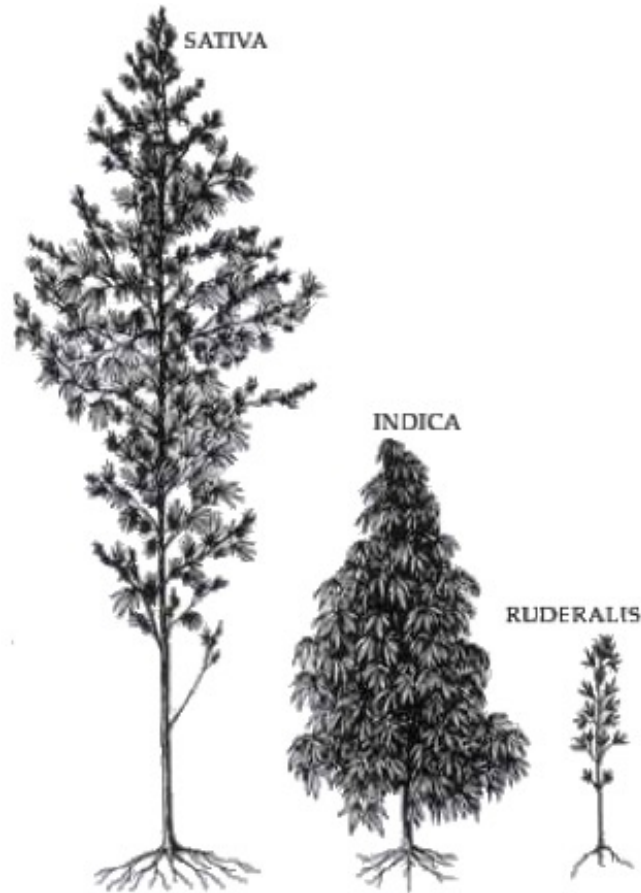
A vertical diagram showing the taxonomic classification of Cannabis sativa. It consists of a central column of black boxes with white text for taxonomic ranks, flanked by two green arrows pointing downwards. To the right of each rank is a hyphen followed by the corresponding scientific name. The background is a collage of green cannabis leaves.

KINGDOM	-	Plantae
SUBKINGDOM	-	Viridiplantae
INFRAKINGDOM	-	Streptophytae
SUPERDIVISION	-	Embryophyta
DIVISION	-	Tracheophyta
SUBDIVISION	-	Spermatophytina
CLASS	-	Magnoliopsida
SUBCLASS	-	Hamamelididae
ORDER	-	Urticales
FAMILY	-	Cannabaceae
GENUS	-	Cannabis
SPECIES	-	Cannabis sativa

amaweeds.com

www.amaweeds.com/en/blog/what-s-the-real-difference-between-hemp-and-weed/.

Cannabis Plants



SATIVA



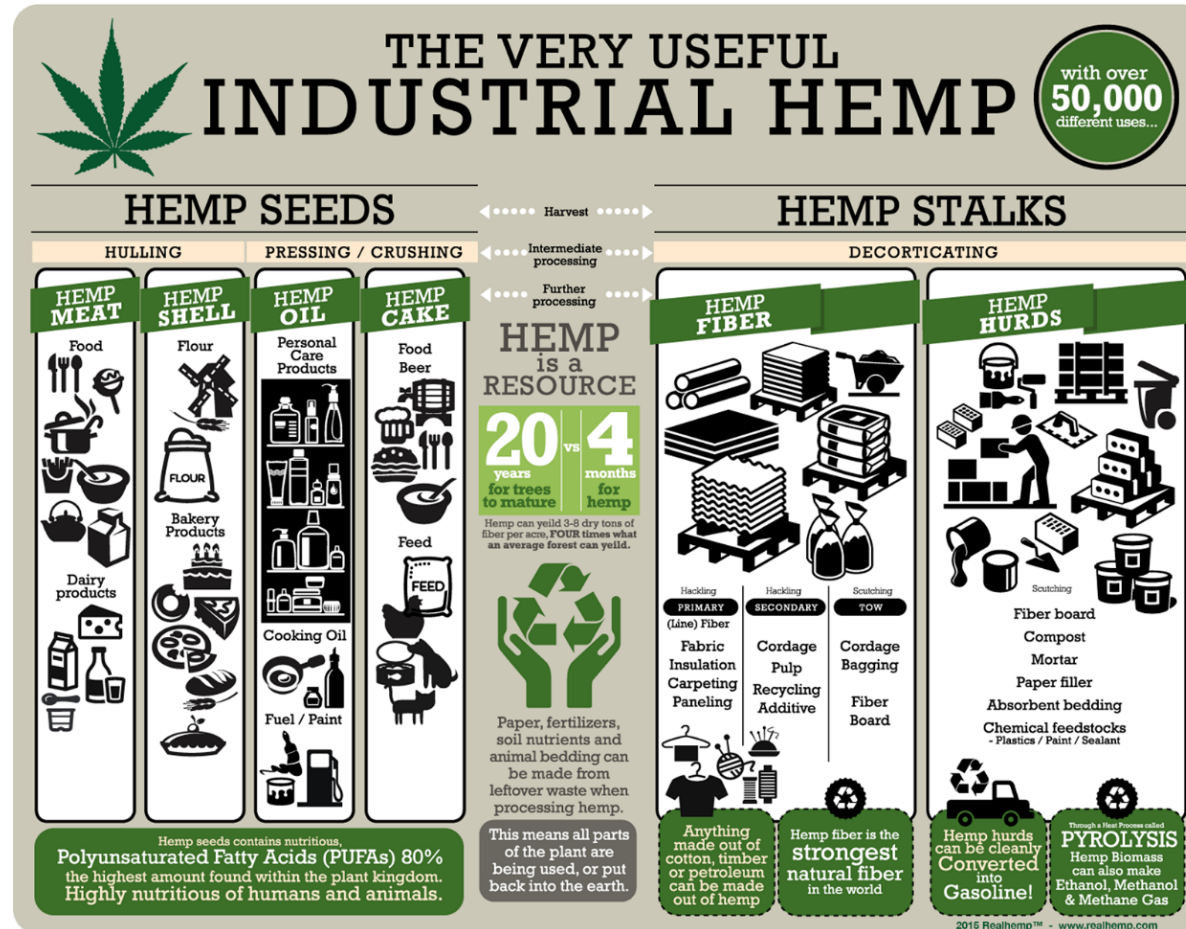
INDICA



RUDERALIS

www.amaweed.com/en/blog/what-s-the-real-difference-between-hemp-and-weed/.

Industrial Hemp



nationalhempassociation.org/getting-started-in-the-industrial-hemp-industry-one-perspective.

Cotton versus Cannabis

An Alternative American HIGHstory

	Cotton	Cannabis
Land for Growing	2x	1x
Water for Growing 1 kg	10 liters	2 liters
Pesticide Utilization	Pollution due to pesticides/herbicides (25% of all world pesticide use)	N/A
Crop Rotation	N/A	Can grow for 14 years on same land, or be rotated
Environmental Effects	N/A	Returns up to 60% of nutrients to soil when dried in the field

Industrial Hemp

< 0.3% THC
No regulation on CBD %

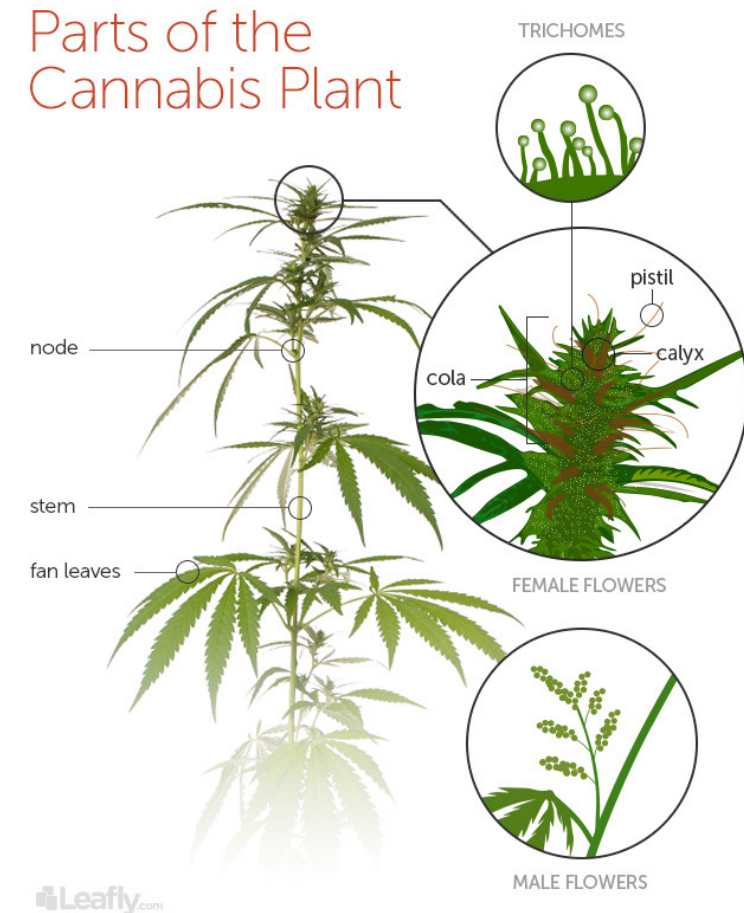
[me.me/i/cotton-vs-hemp-o-cotton-needs-twice-as-much-hemp-7985639](https://www.reddit.com/r/HighQualityInformation/comments/7985639/me.me/i/cotton-vs-hemp-o-cotton-needs-twice-as-much-hemp-7985639).

The Cannabis Plant

- *THC cultivation*
 - Low grade: male and female plants
 - Medium grade: fertilized females
 - High grade: isolated females
- Sinsemilla: “without seeds”

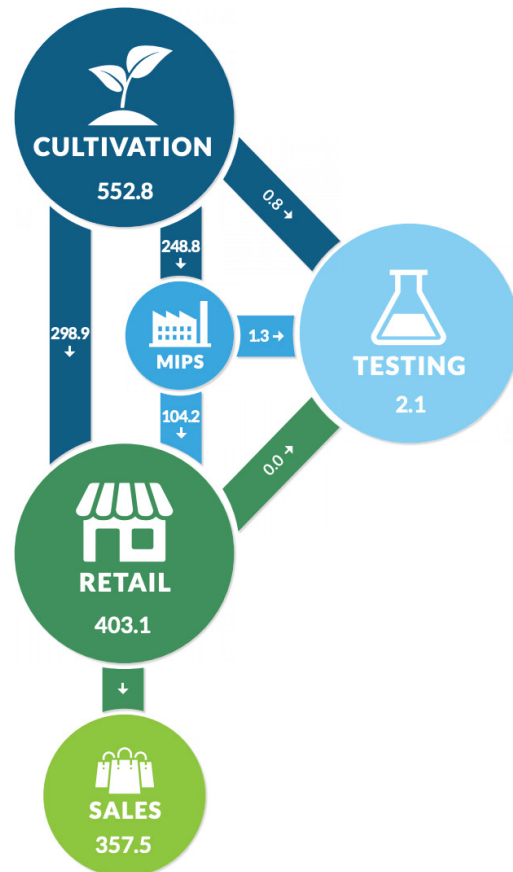
Elsohly. *Life Sci.* 2005;78(5):539-548.

D'Souza. *JAMA.* 2015;313(24):2431-2432. doi:10.1001/jama.2015.6407.



Marijuana Flower Testing and Sales

Transfer Flows of Flower Equivalent, 2019



Then again, are
FDA-approved products
tested at a greater frequency?



www.colorado.gov/pacific/sites/default/files/2019%20Regulated%20Marijuana%20Market%20Update%20Report%20Final.pdf

Terpenes



Wines



Natural Rubber

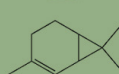
COMMON TERPENES & TERPENOIDS



PINENE
(Pines)



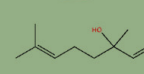
CARYOPHYLLENE
(Peppercorns)



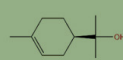
CARENE
(Cedar,
Rosemary)



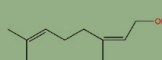
LIMONENE
(Citrus Lemon)



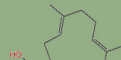
LINALOOL
(Mints,
Lavender)



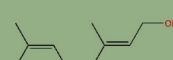
TERPENEOLS
(Junipers,
Orange Peel)



NEROL
(Lemongrass)



HUMULENE
(Hops)



GERANIOL
(Roses,
Wine Grapes)



MYRCENE
(Myrtles &
Cannabis)



www.blockheadbrands.com/articles/2017/10/14/medicinal-properties-of-terpenes-terpenoids.

Terpenes & Terpenoids

- Terpenes are aromatic compounds responsible for the odor of flowers, fruits, seeds, leaves, woods, & roots
 - Particularly Conifers
 - Plants develop terpenes to attract pollinators and reject predators
 - 30,000 natural products with the formula $(C_5H_8)_n$
- Terpenoids are terpenes modified with functional groups (typically oxygen-containing)
 - 25,000 exist

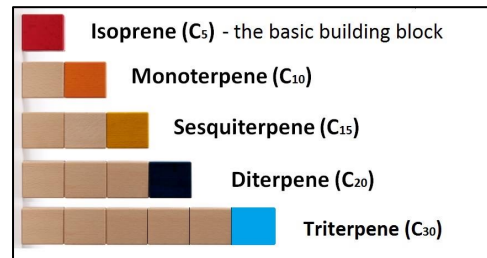
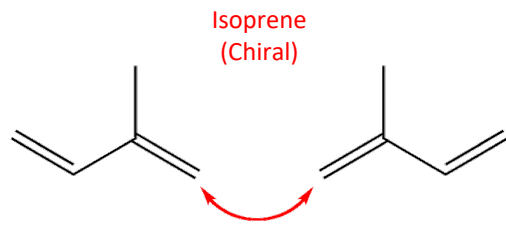
Terpenes & Terpenoids

- The terms terpenes and terpenoids are often used interchangeably
- Factors that affect cannabis terpene levels include:
 - Climate, soil type, harvest time, and maturation level
- Research suggests that these compounds can have medicinal properties

www.sciencedirect.com/topics/chemistry/terpene.

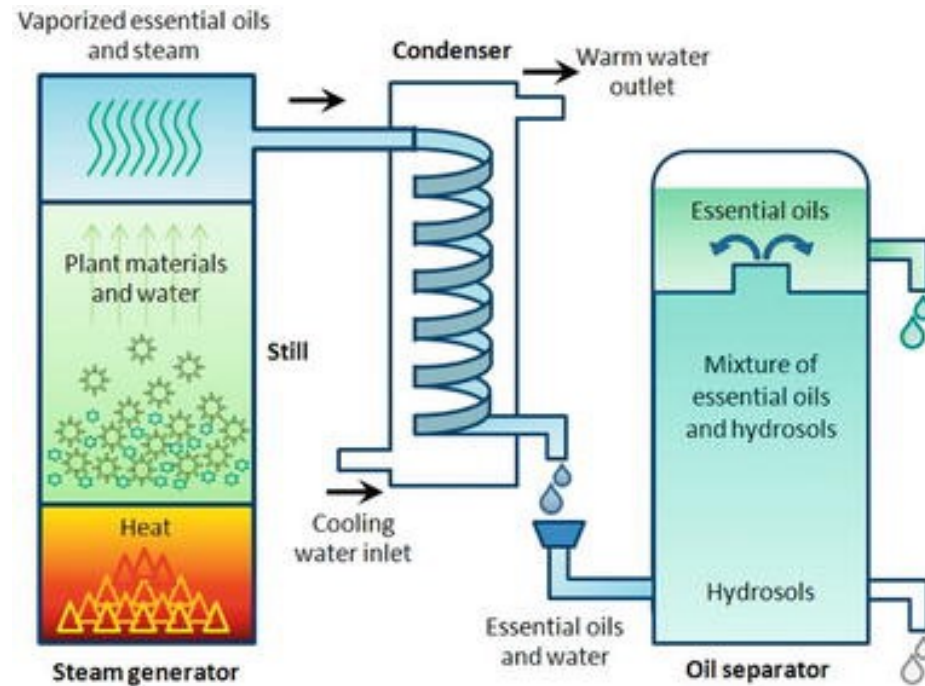
Terpenes

- Terpenes are grouped together because of their distinctive carbon skeleton of isoprene (2-methyl-1,3-butadiene)
- Monoterpene is alpha-pinene, a major component of turpentine
- About 50 monoterpenic compounds have been isolated from wines



Terpene	Isoprene Units	Formula
Hemiterpene	1	C ₅ H ₈
Monoterpene	2	C ₁₀ H ₁₆
Sesquiterpene	3	C ₁₅ H ₂₄
Diterpene	4	C ₂₀ H ₃₂
Triterpene	6	C ₃₀ H ₄₈
Sesquaraterpene	7	C ₃₅ H ₅₆
Tetraterpene	8	C ₄₀ H ₆₄
Polyterpene	Many	N/A

Terpene Extraction

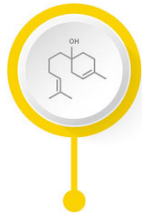


Essential Oils

www.intechopen.com/books/essential-oils-bioactive-compounds-new-perspectives-and-applications/terpenoids-as-important-bioactive-constituents-of-essential-oils.

TERPENES IN CANNABIS

THERE ARE MORE THAN 100 TERPENES IN JUST ONE CANNABIS FLOWER. HERE ARE SOME OF THE MOST WELL KNOWN TERPENES RIGHT NOW, MOST OF WHICH YOU'LL FIND IN LEGAL CANNABIS PRODUCTS IN YOUR AREA.



Bisabolol

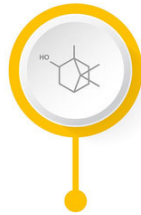
floral

Properties

anti-inflammatory
anti-irritant
anti-microbial

Common Uses

cancer, skin lesion



Borneol

mint

Properties

anti-inflammatory
antinociceptive

Common Uses

eyesight, pain relief



Camphene

fir needles, musky earth

Properties

anti-oxidant
skin lesion

Common Uses

cardiovascular diseases



Caryophyllene

spicy

Properties

anti-bacterial
anti-inflammatory
anti-fungal

Common Uses

insomnia, muscle spasms
pain relief



Delta 3 Carene

pine, rosemary

Properties

anti-oxidant
bone stimulant

Common Uses

memory



Eucalyptol

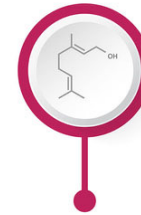
mint

Properties

anti-bacterial
anti-fungal

Common Uses

alzheimer's
pain Relief



Geraniol

peach, rose grass

Properties

anti-cancer
anti-oxidant
neuroprotectant

Common Uses

cancer, pain relief



Humulene

earthy

Properties

anti-bacterial
anti-inflammatory
anti-tumor effects

Common Uses

cancer, infections
appetite suppression



Limonene

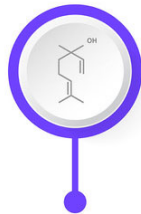
bitter citrus

Properties

anti-anxiety
anti-cancer
digestion, gallstones

Common Uses

liver detoxification
weight loss, sleep aid



Linalool

floral

Properties

anti-anxiety
anti-epileptic
anti-psychoic
pain killing

Common Uses

depression, convulsions
insomnia, pain relief



Myrcene

citrus, cloves

Properties

relaxing
sedating

Common Uses

inflammation, insomnia
spasms, pain



Pinene

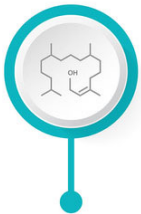
pine

Properties

anti-depressant
anti-inflammatory
anti-microbial

Common Uses

asthma, bronchitis
cancer, depression
memory, mental alertness



Phytol

balsamic, floral

Properties

anti-insomnia
immunosuppressant

Common Uses

reduce itching
sleep aid
wound healing



Terpinolene

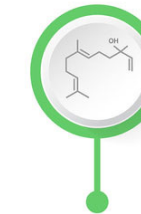
smoky, woody

Properties

anti-bacterial
anti-fungal
anti-insomnia
antiseptic

Common Uses

cancer
heart disease
sleep aid



Trans-nerolidol

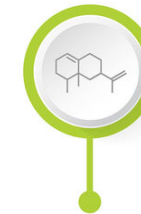
citrus, rose

Properties

anti-cancer
anti-microbial
anti-oxidant,
anti-parasitic

Common Uses

relaxing
skin lesion



Valencene

sweet citrus

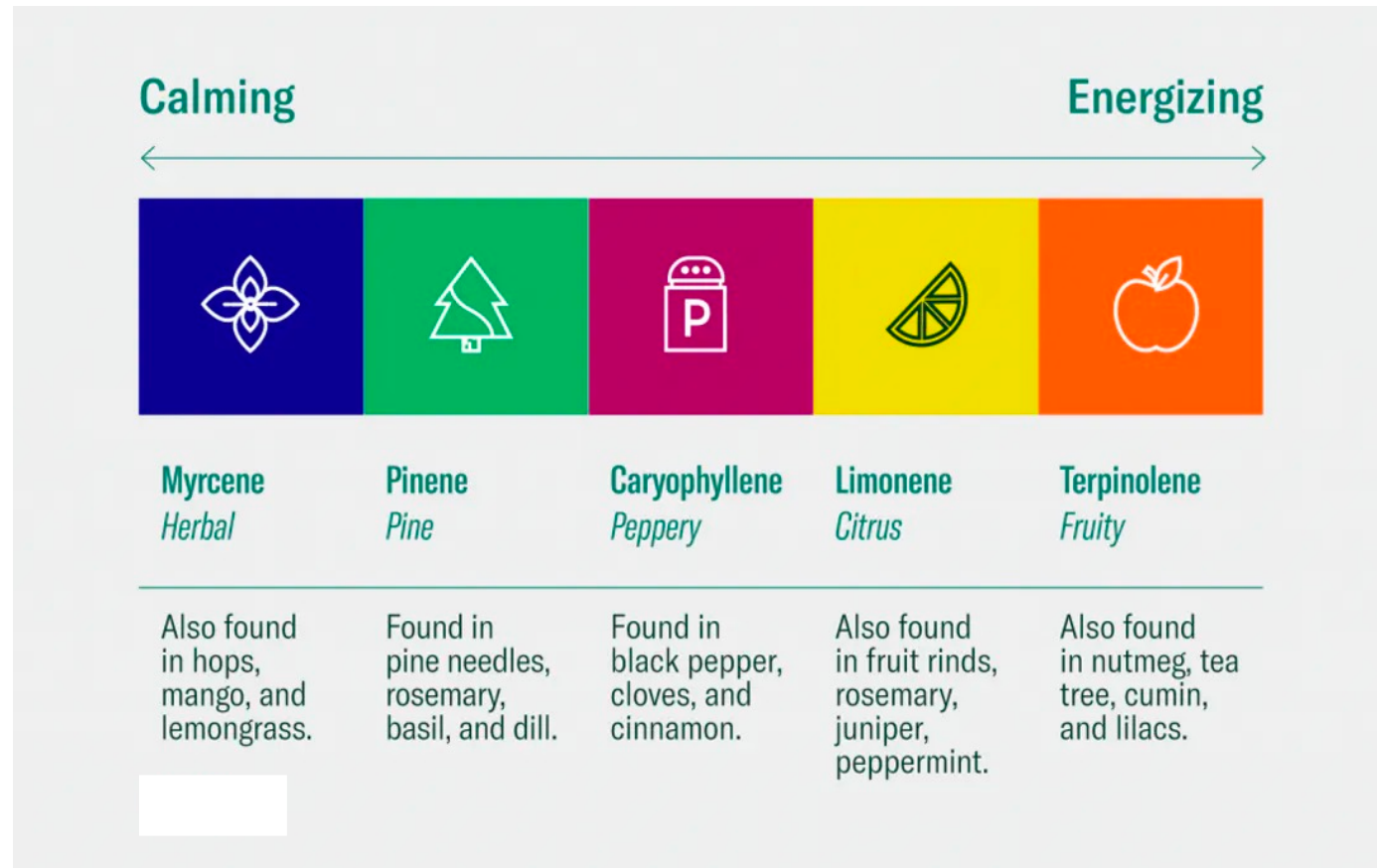
Properties

anti-inflammatory
anti-melanogenesis
antiallergic

Common Uses

memory
skin lesion

Cannabis Terpenes



www.leafly.com/news/cannabis-101/terpenes-the-flavors-of-cannabis-aromatherapy.

Cannabis Terpenes

Mc

**Myrcene**
(MUR-seen)

The most common terpene in modern commercial cannabis. Believed to promote calming effects.

Also found in

- Thyme
- Mango
- Lemongrass

Other strains with myrcene

- Granddaddy Purple
- OG Kush
- Cherry Pie



Blue Dream

Lm

Limonene
(LIM-o-neen)

Believed to provide anxiety and stress relief.

Also found in

- Lemon rind
- Orange rind
- Juniper

Other strains with limonene

- White Fire OG
- Do-Si-Dos
- Wedding Cake



Strawberry Banana

Cr

**Caryophyllene**
(carry-OFF-uh-leen)

The only terpene known to also act as a cannabinoid: it can activate our endocannabinoid system to provide anti-inflammatory effects.

Also found in

- Black pepper
- Cloves
- Cinnamon

Other strains with caryophyllene

- Original Glue
- Purple Punch



GSC

www.mybpg.com/blog/cannabis-terpenes/.

Cannabis Terpenes

Te

 **Terpinolene**
(ter-PIN-uh-leen)

About one in ten strains is terpinolene-dominant. Believed to have uplifting effects.

Also found in

- Lilacs
- Nutmeg
- Cumin

Other strains with terpinolene

- Ghost Train
- Haze
- Chernobyl
- Jack Herer



XJ-13

Pn

 **Pinene**
(PIE-neen)

Most common terpene in the natural world. It may be useful for pain, inflammation, or anxiety.

Also found in

- Pine needles
- Rosemary
- Basil

Other strains with pinene

- Snoop's Dream
- Critical Mass



Big Smooth

Hu

 **Humulene**
(HYOO-myuh-leen)

Herbal aroma. May provide anti-inflammatory benefits.

Also found in

- Hops
- Wood

Other strains with humulene

- Sherbert
- GSC



Gelato

www.mybpg.com/blog/cannabis-terpenes/.

Cannabis Terpenes

On

**OCIMENE**
(OH-sih-meen)

A beautiful, sweet, earthy, citrusy aroma frequently used in perfume.

Also found in

- Mint
- Parsley
- Orchids

Other strains with ocimene

- Dutch Treat
- Amnesia



Clementine

Ln

**Linalool**
(LINN-uh-lool)

Floral aroma. Believed to promote relaxation and calming effects.

Also found in

- Lavender
- Birch bark

Other strains with linalool

- Do-Si-Dos
- Kosher Kush

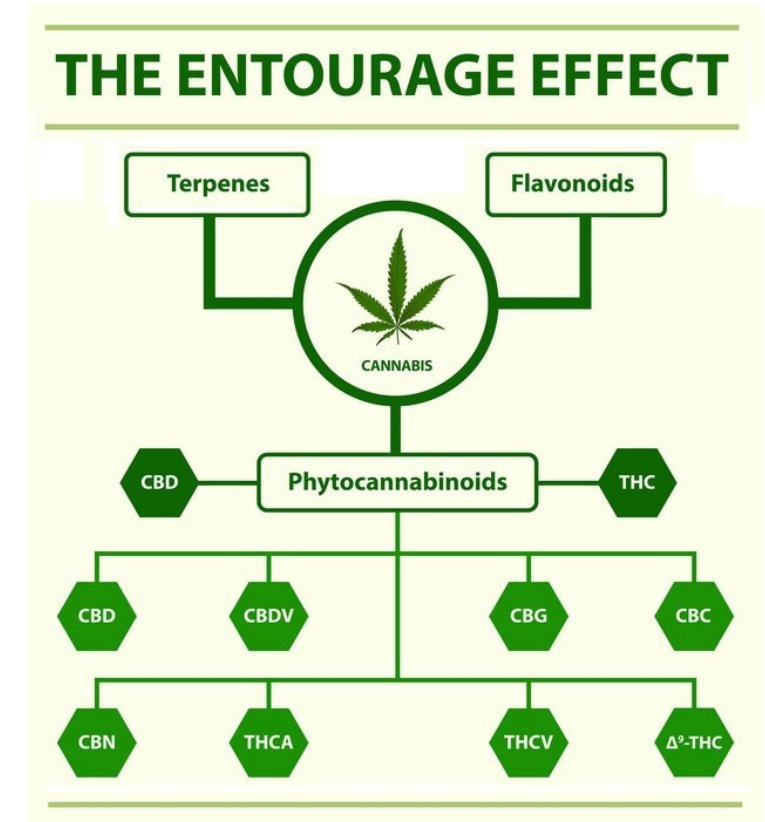


Zkittlez

www.mybpg.com/blog/cannabis-terpenes/

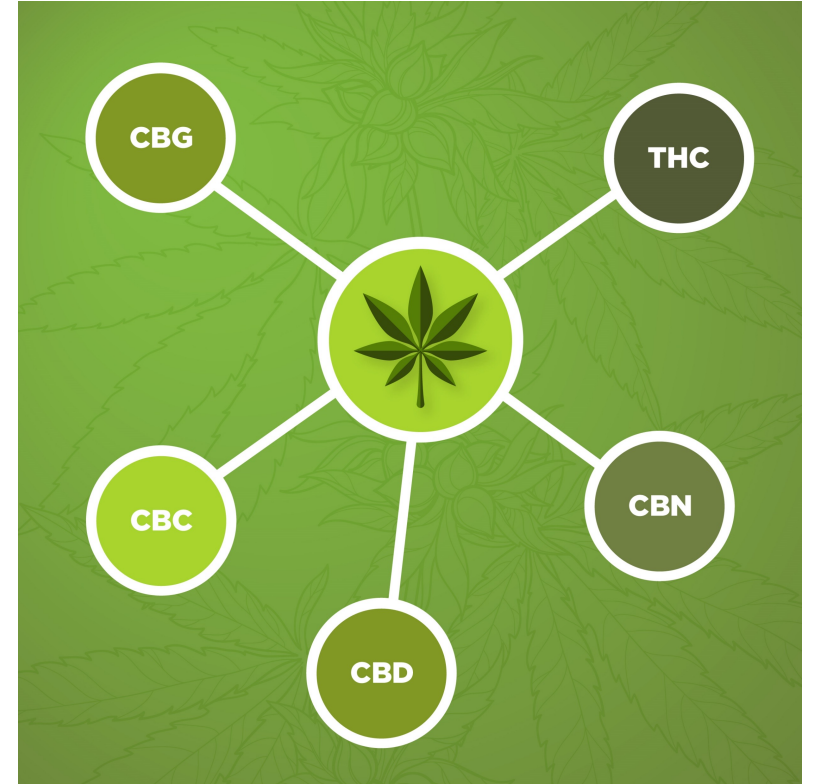
“The Entourage Effect”

- Cannabis terpenes are said to optimize the effects of cannabis cannabinoids, known as the “Entourage Effect”
- Terpene(s)-to-cannabinoid(s) ratio
 - May affect respective pharmacological outcomes



www.sciencedirect.com/topics/chemistry/terpene.
www.mybpg.com/blog/cannabis-terpenes/.

Cannabinoids



Cannabinoids

Endo-
Cannabinoids

Phyto-
Cannabinoids

Synthetic
Cannabinoids

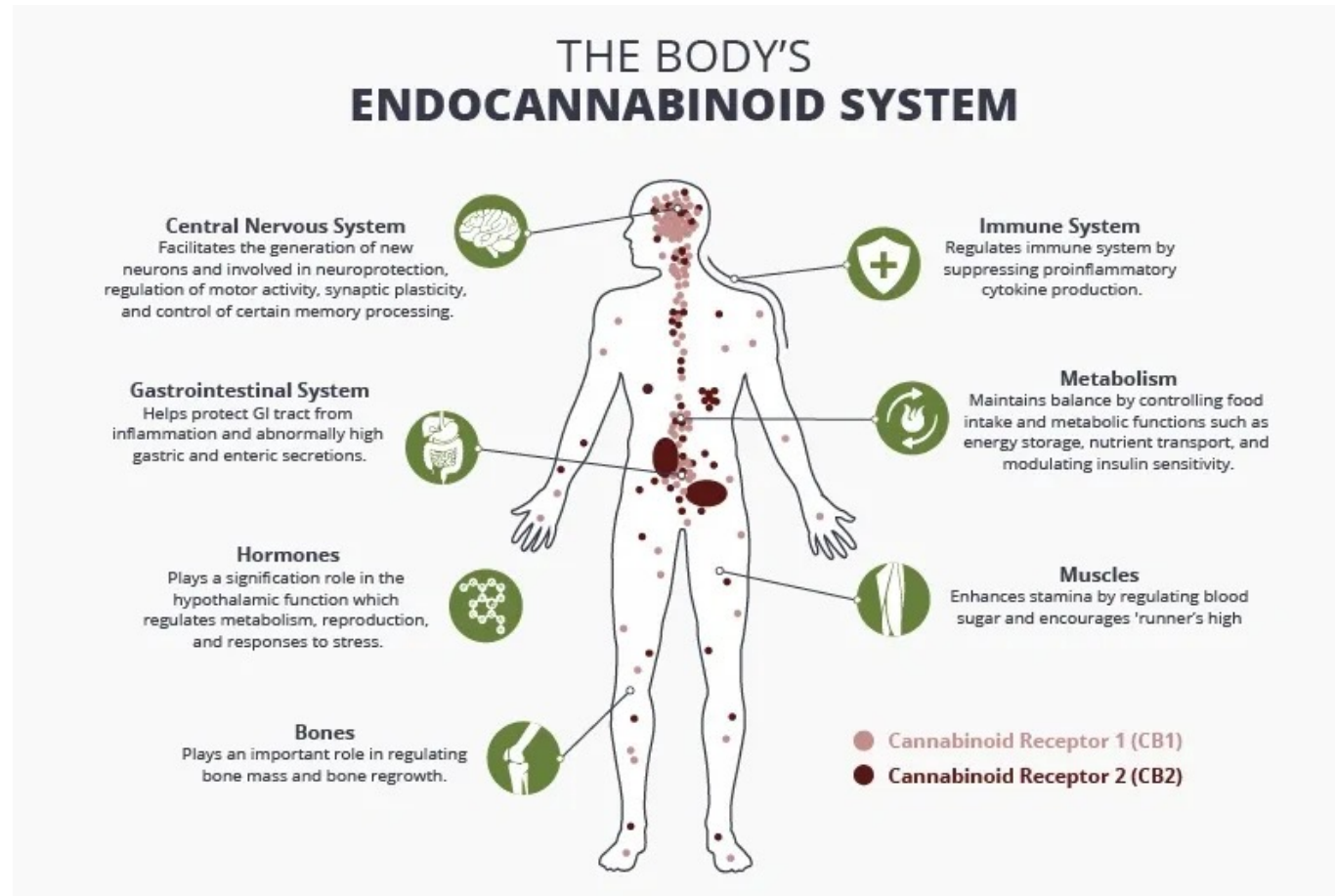
Cannabinoids

Endo-
Cannabinoids

Phyto-
Cannabinoids

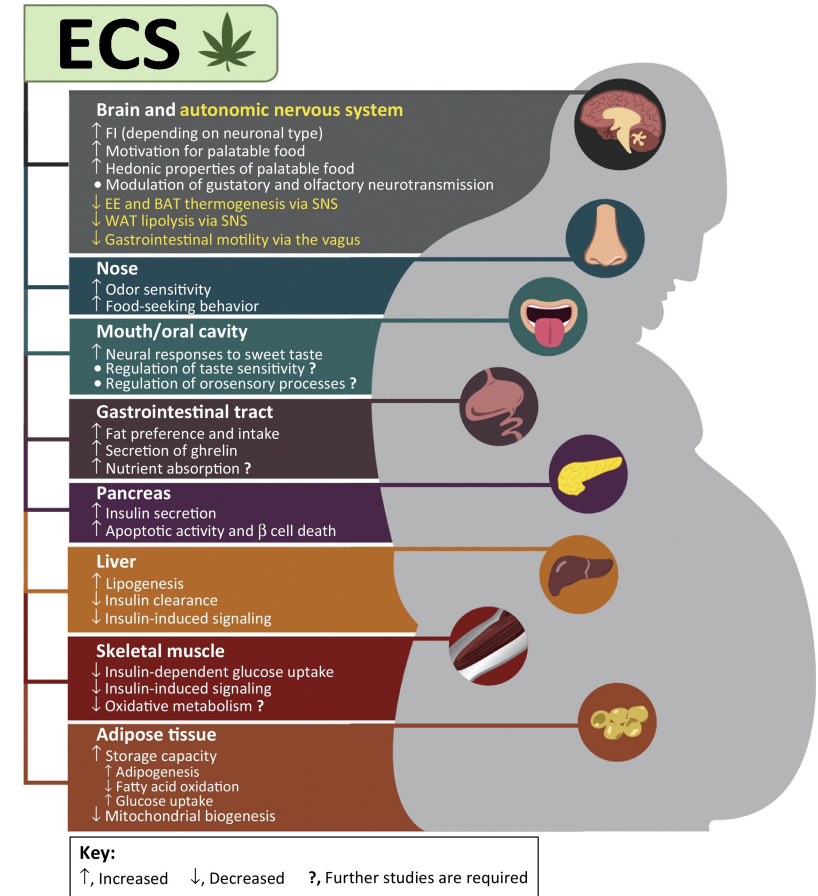
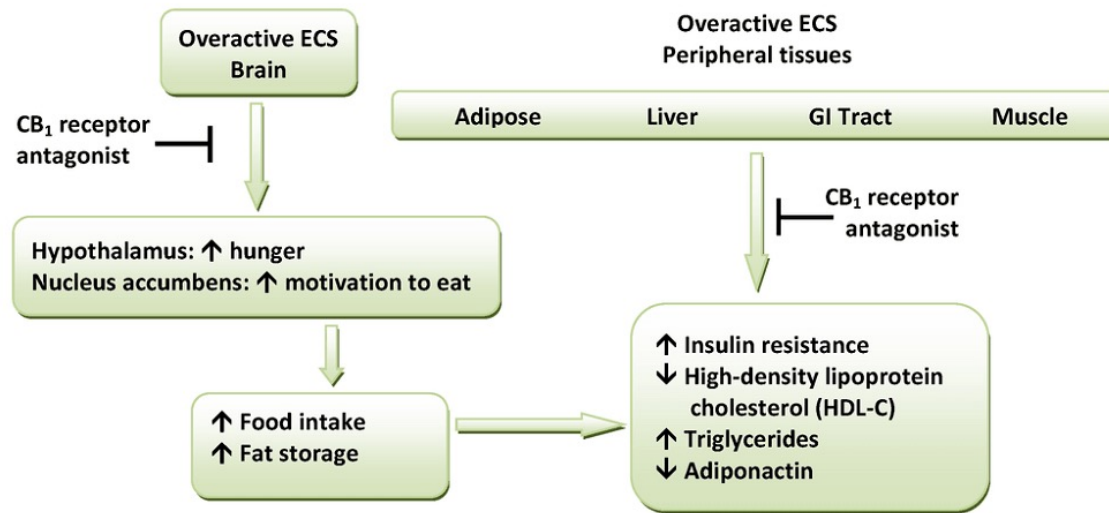
Synthetic
Cannabinoids

Endocannabinoid System (ECS)



summitreleaf.com/2020/05/04/the-endocannabinoid-system/.

ECS Endocrinology & Metabolism



Trends in Endocrinology & Metabolism

biologydictionary.net/endocannabinoid-system/.

Mazier. *Trends Endocrinol Metab.* 2015;26(10):524-537.

Endocannabinoid Receptors

THE ENDOCANNABINOID SYSTEM

HUMAN CANNABINOID RECEPTORS

CB1

Receptors are concentrated in the brain & the central nervous system but are also present in some nerves and organs.

CB2

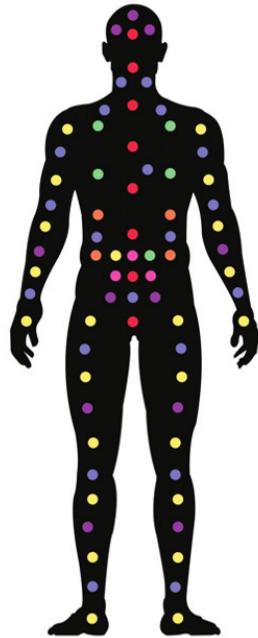
Receptors are mostly in peripheral organs, especially cells associated with the immune system.

TRPV1

Receptors are concentrated in the blood, bone, marrow, tongue, kidney, liver, stomach & ovaries.

TRPV2

Receptors are concentrated in the skin, muscle, kidney, stomach & lungs.



GPR 18

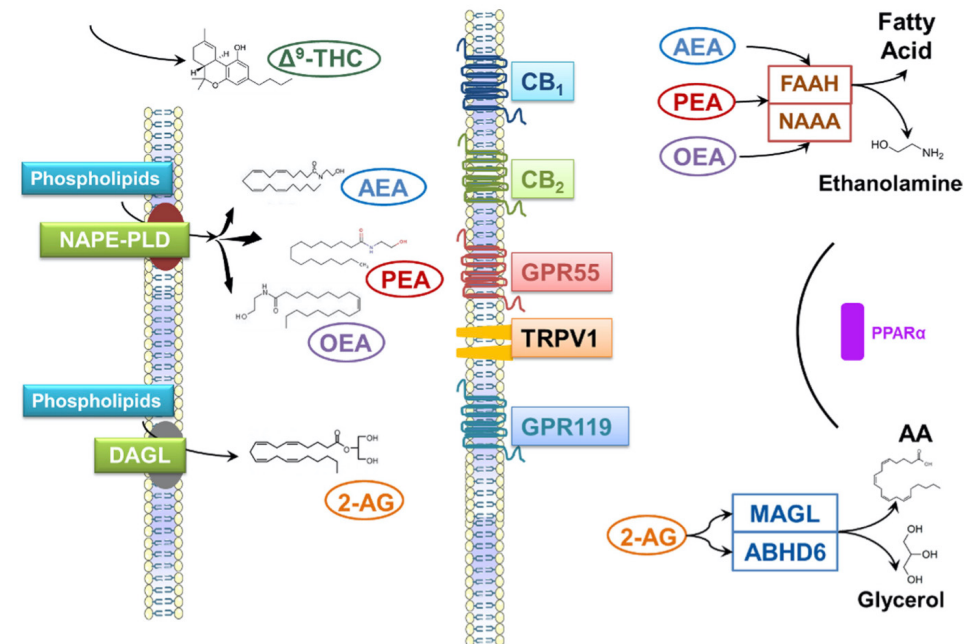
Receptors can be found primarily in bone marrow, the spleen and lymph nodes, and to a lesser extent the testes

GPR55

Receptors are found in the bones, the brain, particularly the cerebellum, and the Jejunum and Ileum.

GPR 119

Receptors are found predominantly in the Pancreas and the intestinal tract, in small amounts



mcanz.org.nz/the-endocannabinoid-system/.

Cani. Diabetes Metab. 2014;40:246-257.

Cannabinoid Receptors

CB1/CB2

CB1 receptors

- Primarily in CNS
- Also connective tissue, gonads, glands, and organs
- Analgesia, euphoria, and anticonvulsive

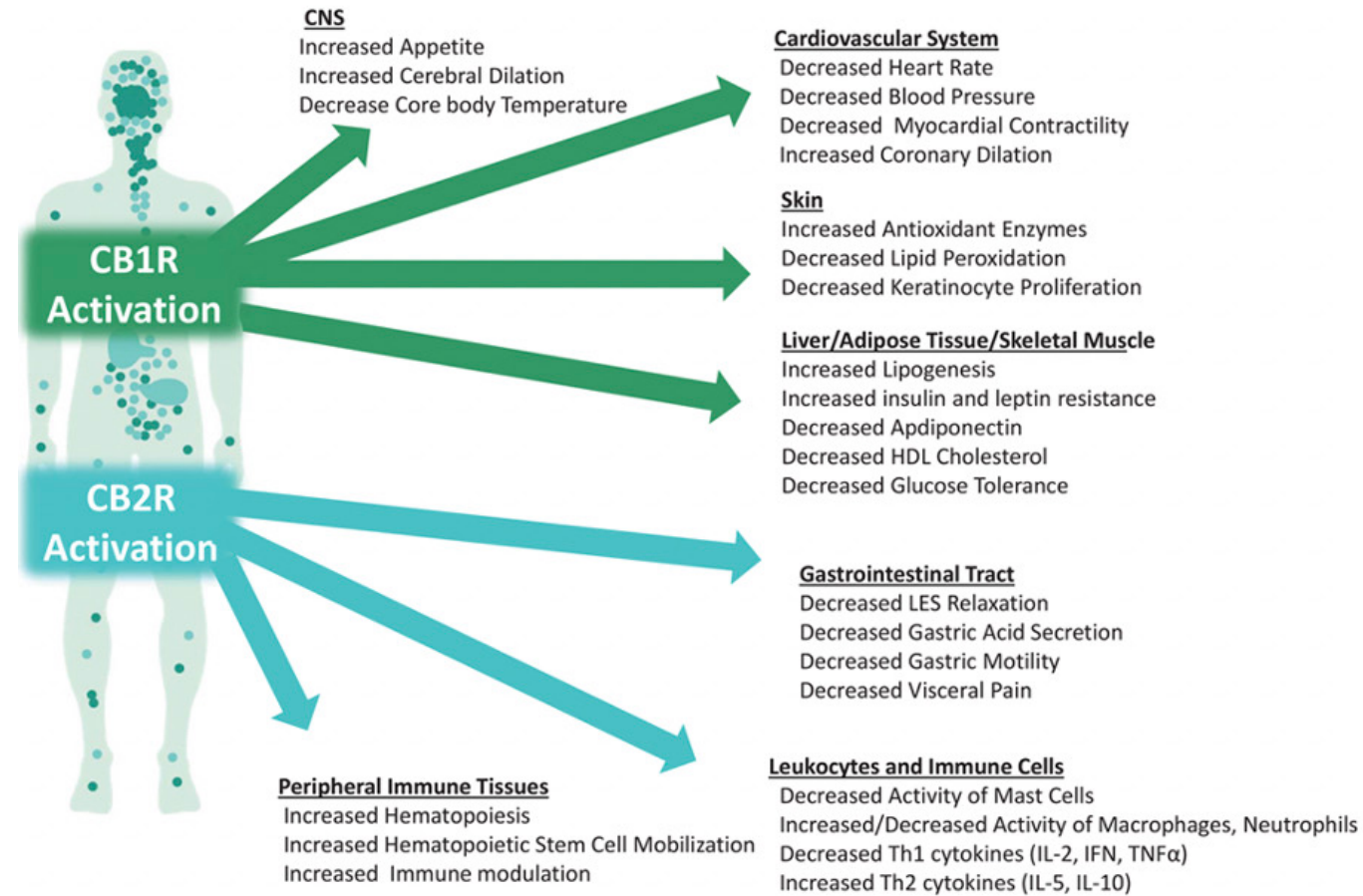
CB2 receptors

- Primarily in immune system and GI tract
- Inflammation and digestion



Cannabinoid Receptors

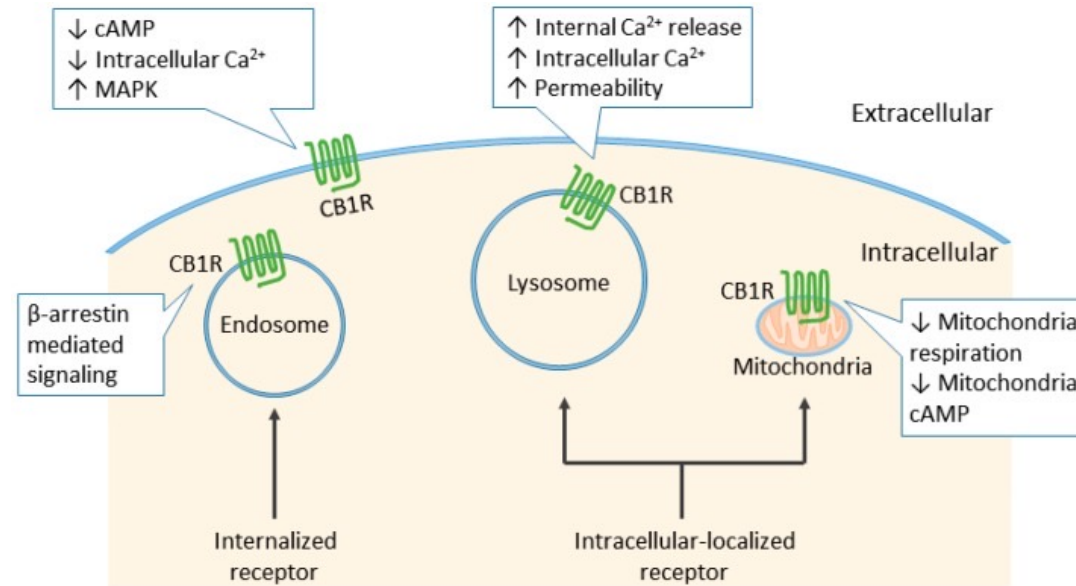
CB1/CB2



Robert. *Circulation*. 2020;142(10):e131-e152.

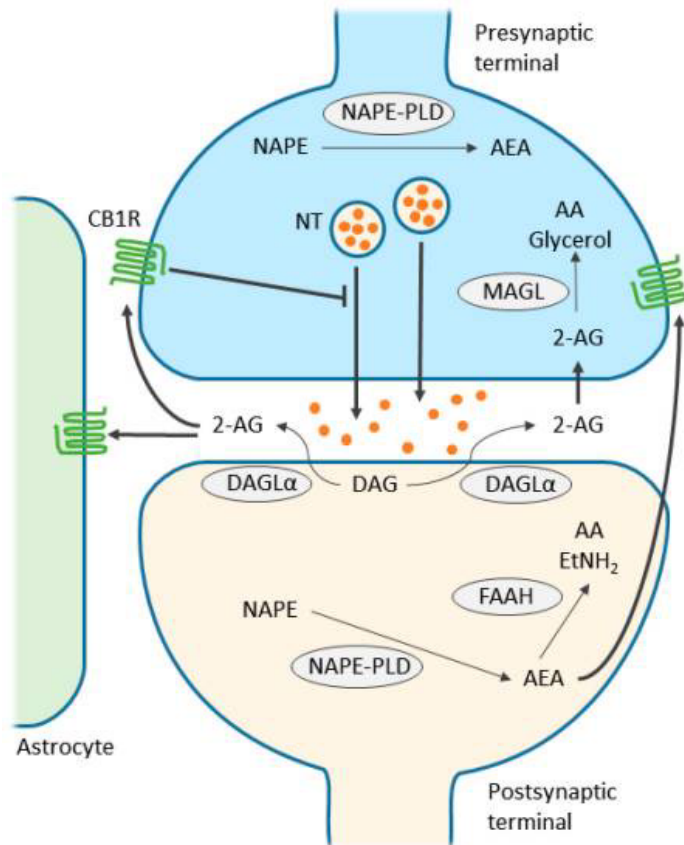
CB1 Receptor Processes

- Surface CB1s inhibit cyclic adenosine monophosphate (cAMP) formation and calcium influx
- Intracellular CB1s mediate signal pathways through β -arrestin
 - Lysosome CB1s: increase intracellular calcium
 - Mitochondrial CB1s: decrease cellular metabolism
 - By inhibiting cellular respiration and cAMP production



Zou. *Int J Mol Sci.* 2018;19(3):833.

ECS Pre/Post Synaptics & Astrocytes

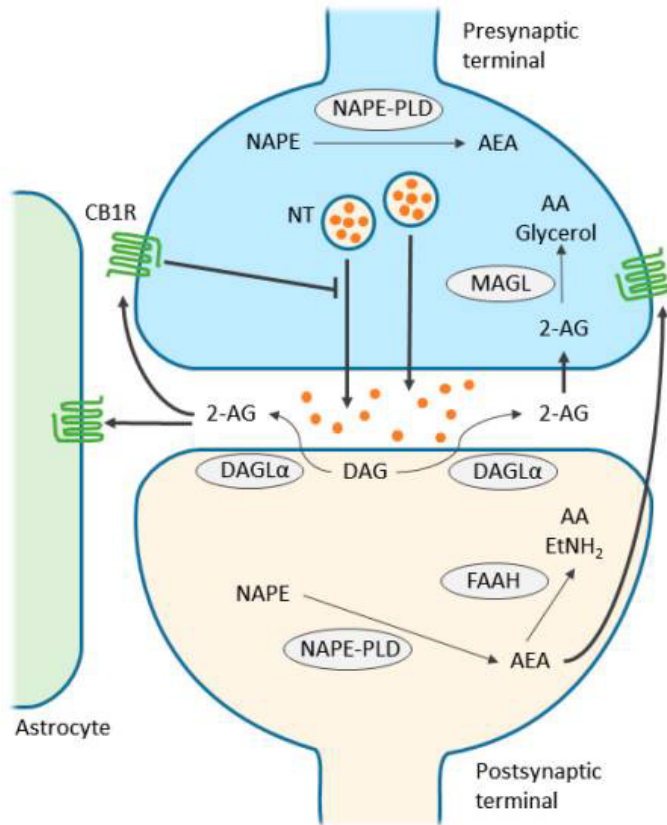


- 2-AG: 2-Arachidonolglycerol
- DAG: Diacylglycerol
- DAGL: Diacylglycerol Lipase-Alpha
- AEA: Anandamide
- NAPE: N-Acyl-Phosphatidylethanolamine
- NAPE-PLD: NAPE-Specific Phospholipase D
- NAT: N-acyltransferase
- GPCR: G-Protein-Coupled Receptor
- AA: Arachidonic Acid
- NMDA: N-Methyl-D-Aspartate
- VGCC: Voltage-Gated Calcium Channels
- MAGL: Monoacylglycerol Lipase
- TRPV1: Transient Receptor Potential Subfamily V Member 1
- FAAH: Fatty Acid Amide Hydrolase

Zou. *Int J Mol Sci.* 2018;19(3):833.

De Fonseca. *Alcohol Alcohol.* 2005;40(1):2-14.

ECS Pre/Post Synaptics & Astrocytes

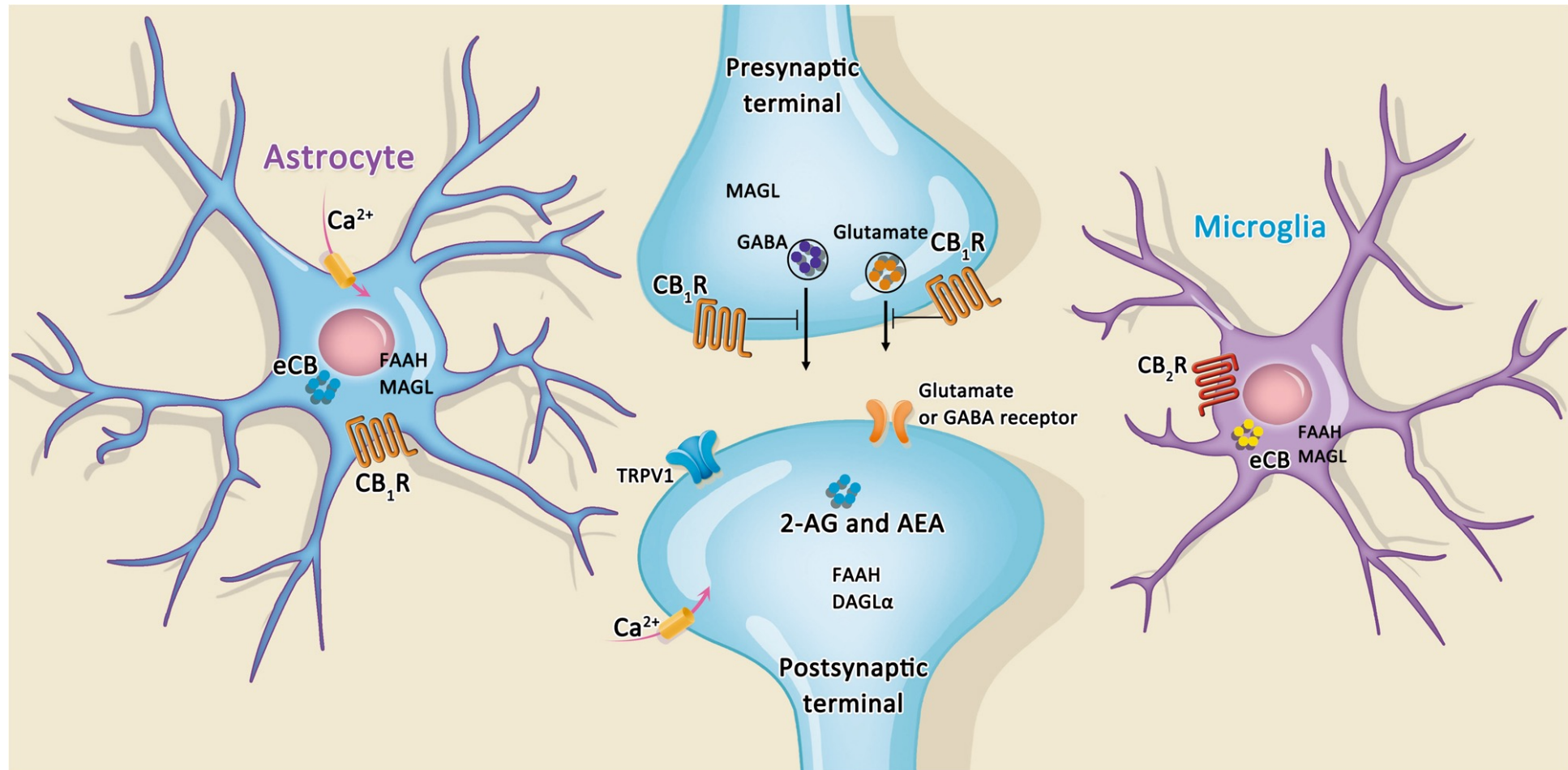


- **Postsynaptic**
 - 2-AG is biosynthesized from DAG by DAGL-alpha
 - AEA is synthesized from NAPE by NAPE-PLD activated by GPCR depolarization
 - NAPE biosynthesis catalyzed by NAT, which is activated by Ca and cAMP
 - AEA activates TRPV1
 - AEA regulates dopamine release via K channels and protein kinases
 - Protein kinase A and MAPK
 - AEA is degraded to AA and ethanolamine (EtNH₂) by FAAH
- **Presynaptic**
 - 2-AG and AEA (lipids) cross presynaptic membranes to active CB1, which regulate GABA and glutamate release via VCGG and NMDA receptors
 - 2-AG is degraded to AA and glycerol by MAGL
- **Astrocytes**
 - 2-AG activates CB1 on astrocytes, which releases glutamate

Zou. *Int J Mol Sci*. 2018;19(3):833.

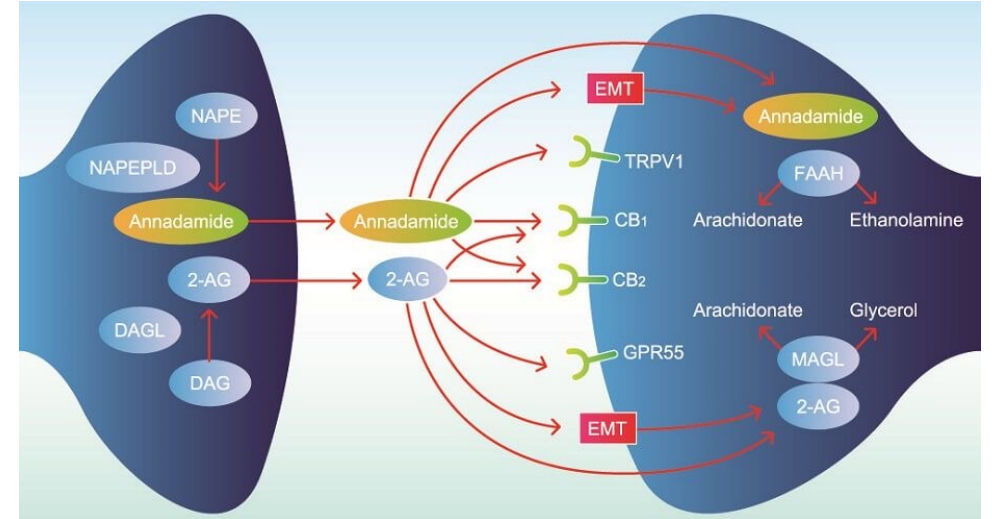
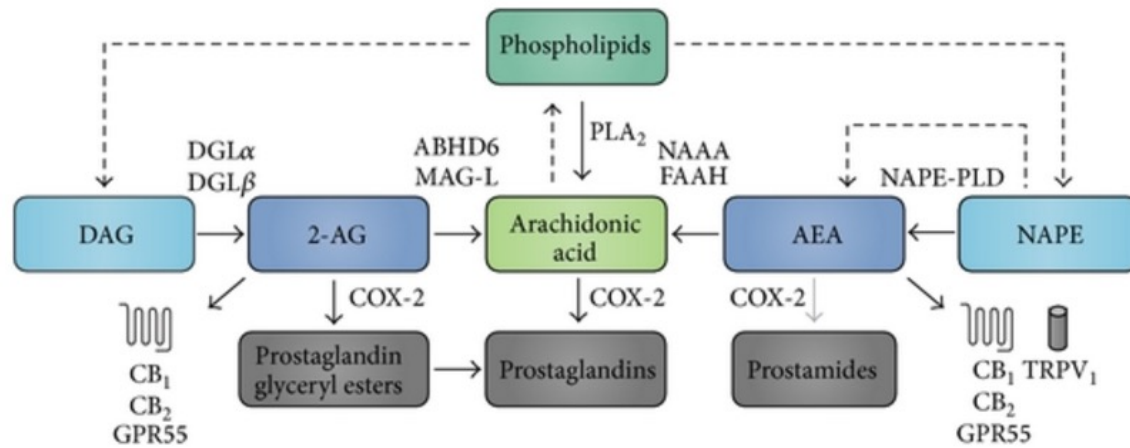
De Fonseca. *Alcohol Alcohol*. 2005;40(1):2-14.

Pre/Post Synaptics, Astrocytes, & Microglia



Yin. *Acta Pharmacol Sin.* 2019;40:336-341.

Biosynthesizing & Degradation Enzymes

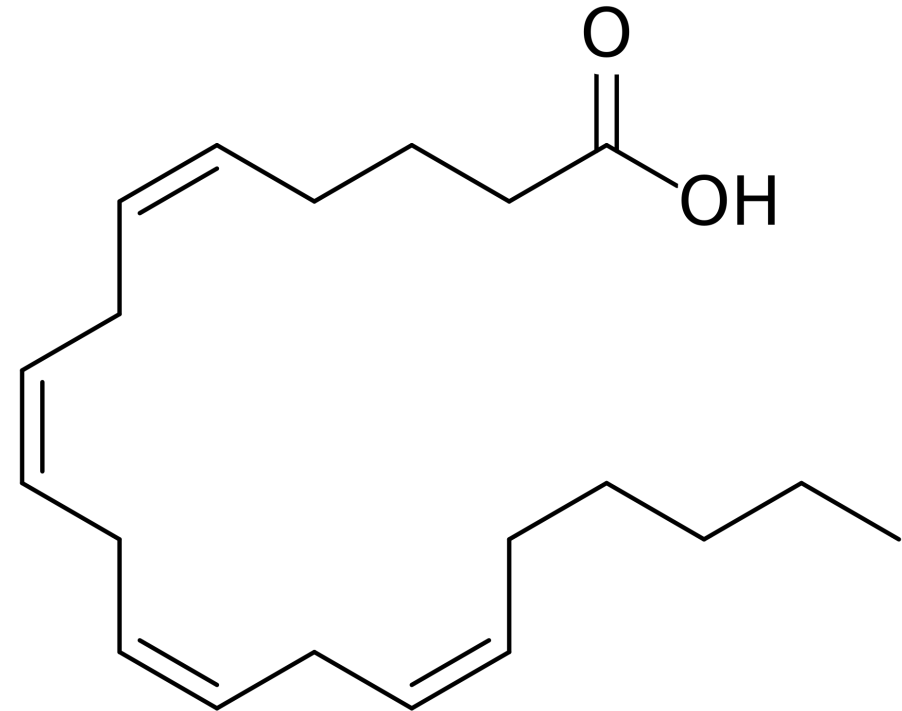
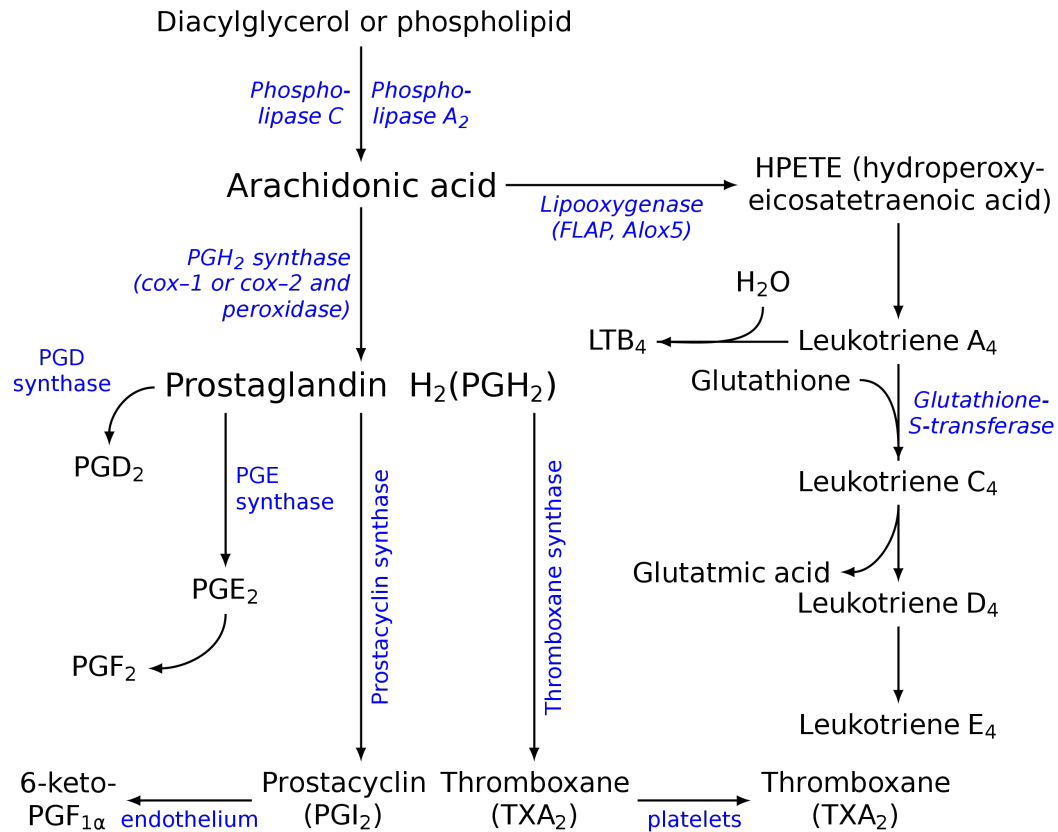


- DAG $\rightarrow$ 2-AG (via DAGL-alpha)
 - 2-AG is degraded to AA and glycerol by MAGL
- NAPE $\rightarrow$ AEA (via NAPE-PLD)
 - AEA is degraded to AA and ethanolamine (EtNH₂) by FAAH

biologydictionary.net/endocannabinoid-system/. Ramer. *Front Pharmacol*. 09 May 2019.

Arachidonic Acid

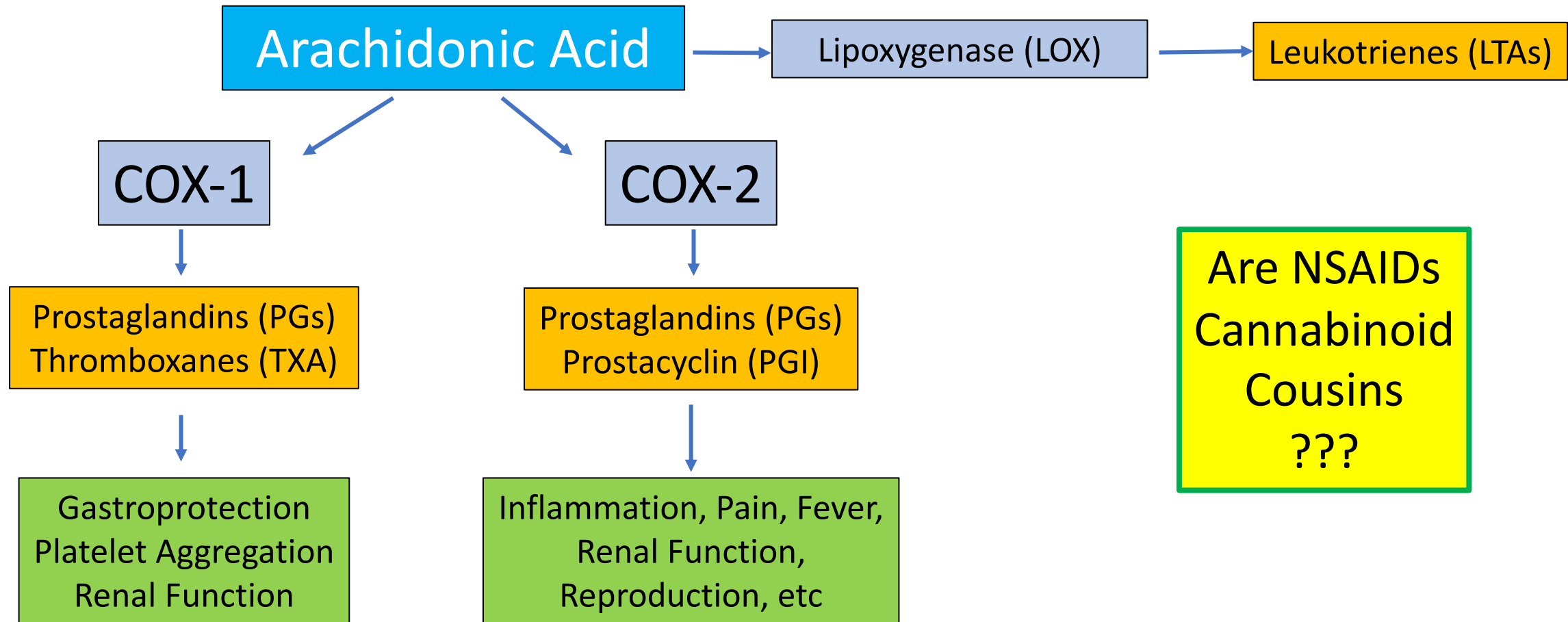
An Omega-3 Fatty Acid



www.painresearchforum.org/news/51110-peripheral-gaba-relieves-trpv1-sensitization-thermal-hypersensitivity.

Ramer. *Front Pharmacol*. 09 May 2019.

Arachidonic Acid Cascade



Are NSAIDs
Cannabinoid
Cousins
???

Major Side Effects of NSAIDs & COX-2 Selective Inhibitors. March 2017.
tmedweb.tulane.edu/pharmwiki/doku.php/nsaid_side_effects.

PPARs

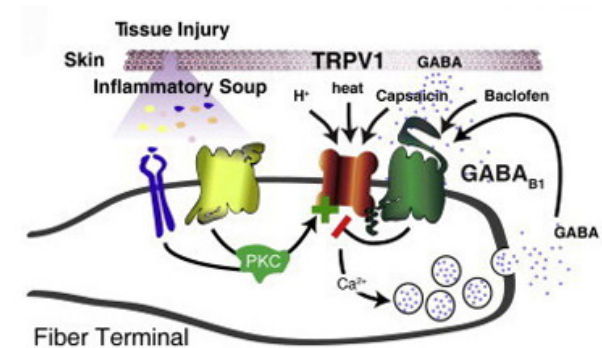
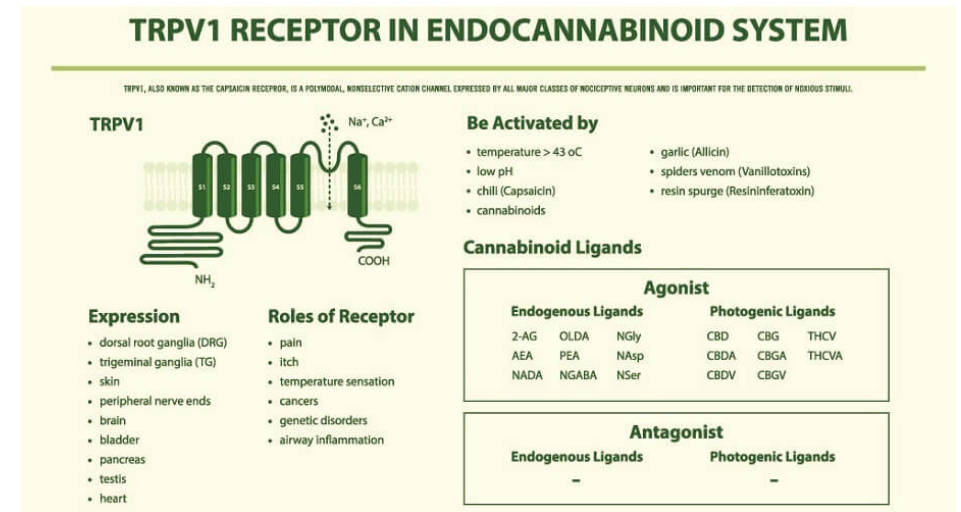
Peroxisome Proliferator-Activated Receptors

- Alpha
 - PPAR α influences fatty acid metabolism and lowers lipid levels (increases HDL)
 - Fibrates are PPAR α activators
 - Gamma
 - PPAR γ is involved in adipogenesis, energy balance, and lipid biosynthesis
 - Increase glucose uptake and glycogen synthesis
 - PPAR γ plays a crucial role in the functioning of the nervous system
 - Thiazolidinediones are PPAR γ agonists
 - Beta and delta
 - Participate in fatty acid oxidation
 - Regulate glucose and cholesterol
 - Studied as prevention of obesity with a high-fat diet
- PPAR- α/γ dual agonists are being studied
 - Hypolipemic, hypotensive, anti-atherogenic, and anti-inflammatory

Grygiel-Górniak. *Nutr J.* 2014;13:17.

Transient Receptor Potential Subfamily V Member 1

- Transient receptor potential (TRP) family
- Activated by AEA and CBD
- Main function: detect and regulate heat
- Acts as an integrator of inflammatory signal
- Medication with TRPV MoA: capsaicin



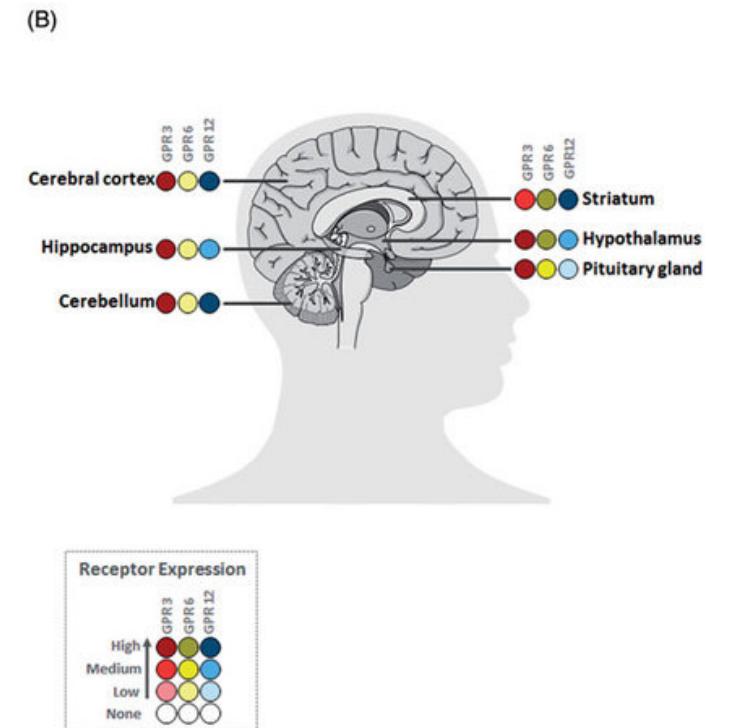
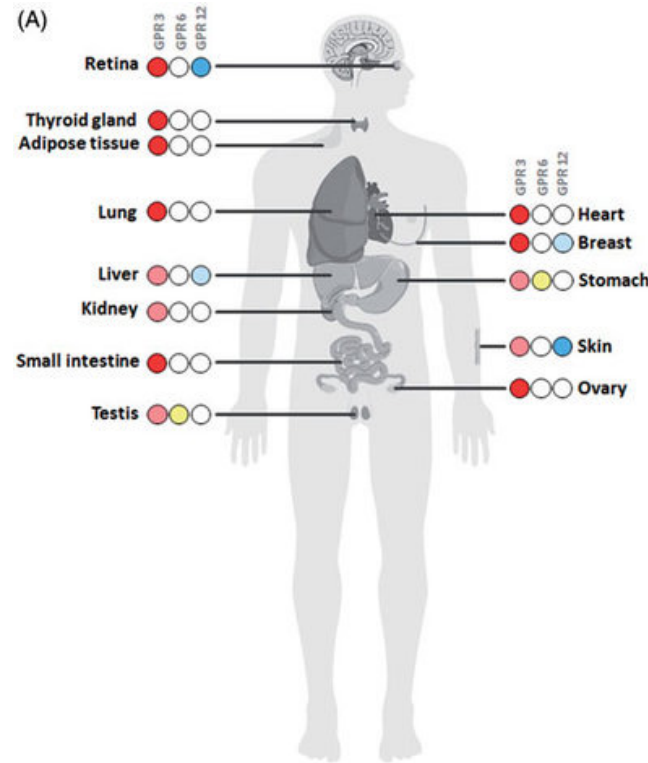
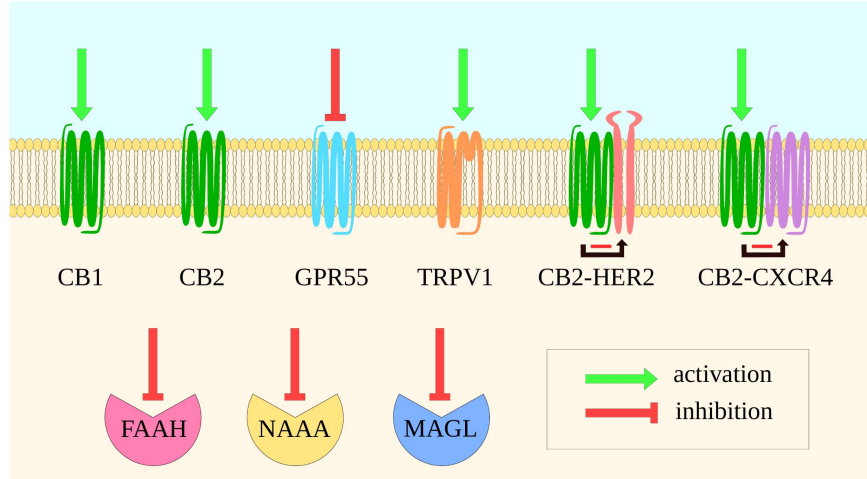
biologydictionary.net/endocannabinoid-system/.

[www.painresearchforum.org/news/51110-peripheral-gaba-relieves-trpv1-sensitization-thermal-hypersensitivity.](http://www.painresearchforum.org/news/51110-peripheral-gaba-relieves-trpv1-sensitization-thermal-hypersensitivity)

Ramer. *Front Pharmacol.* 09 May 2019.

GPRs & GCPRs

- G-coupled proteins
- G-coupled protein receptors

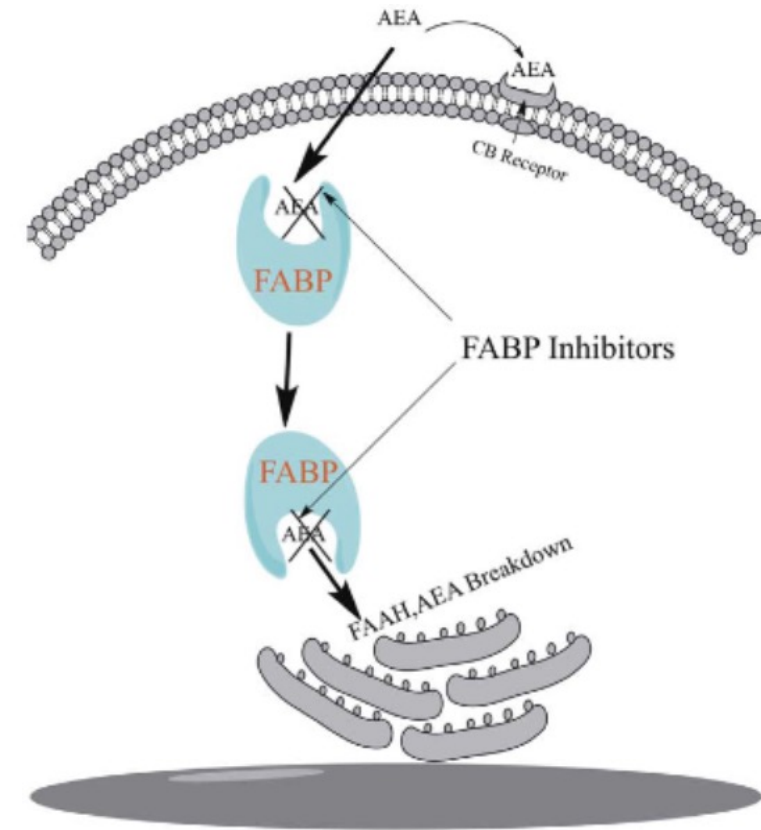


www.painresearchforum.org/news/51110-peripheral-gaba-relieves-trpv1-sensitization-thermal-hypersensitivity.
Ramer. *Front Pharmacol*. 09 May 2019.

FABPs

Fatty Acid Binding Proteins

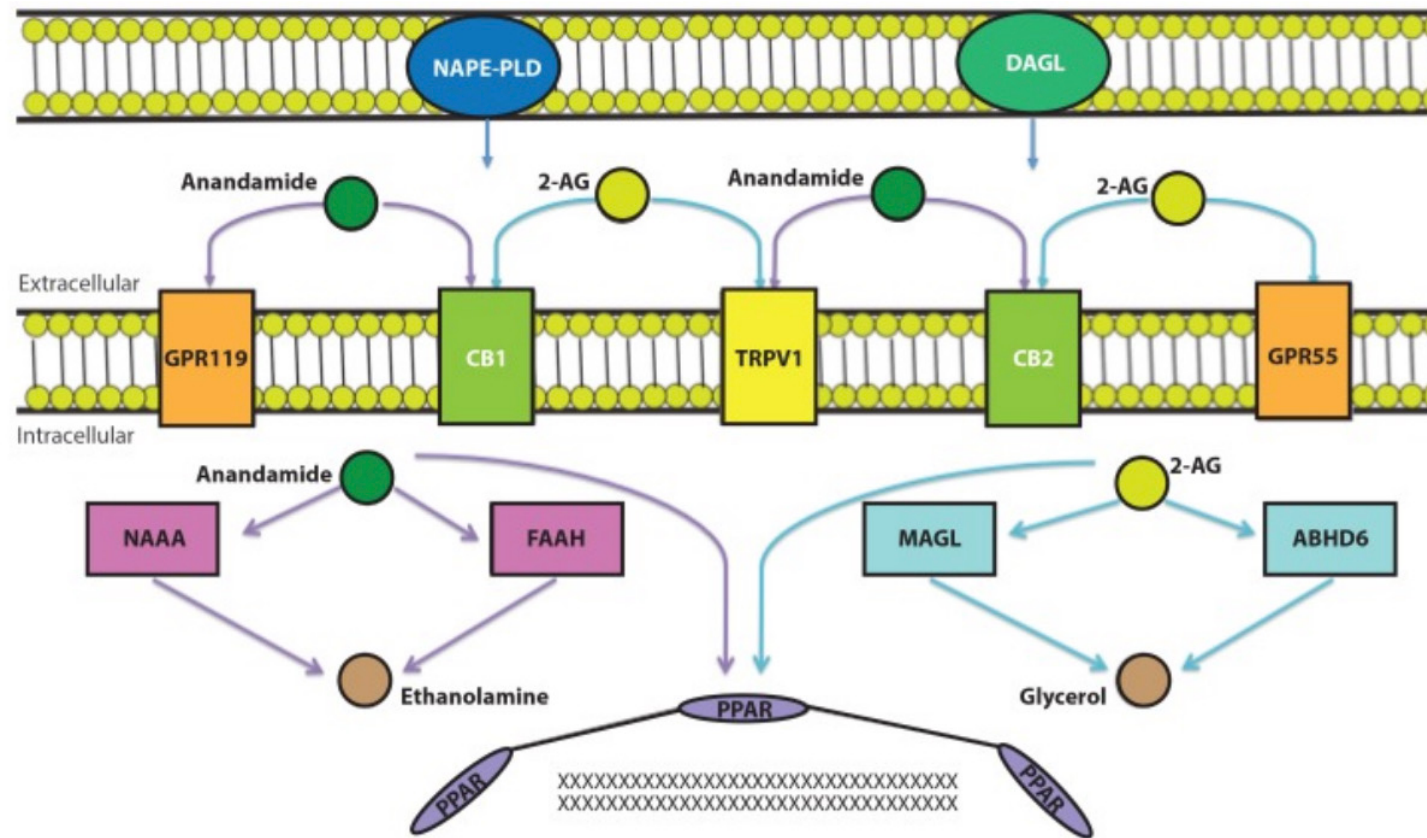
- Transport AEA and 2-AG to PPAR
- Transport 2-AG to MAGL (for breakdown)
- Transport AEA to FAAH (for breakdown)
- FABP inhibitors attenuate AEA degradation by FAAH



www.painresearchforum.org/news/51110-peripheral-gaba-relieves-trpv1-sensitization-thermal-hypersensitivity.

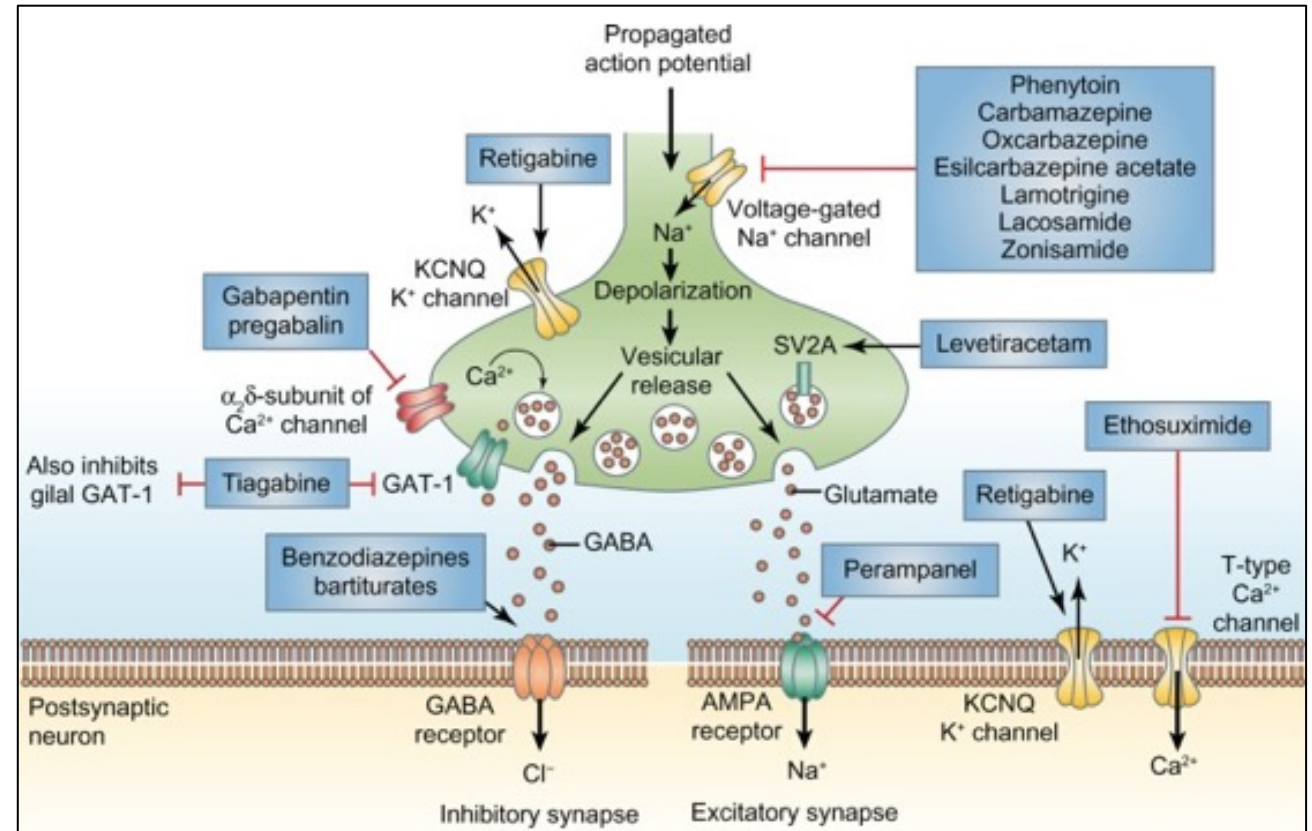
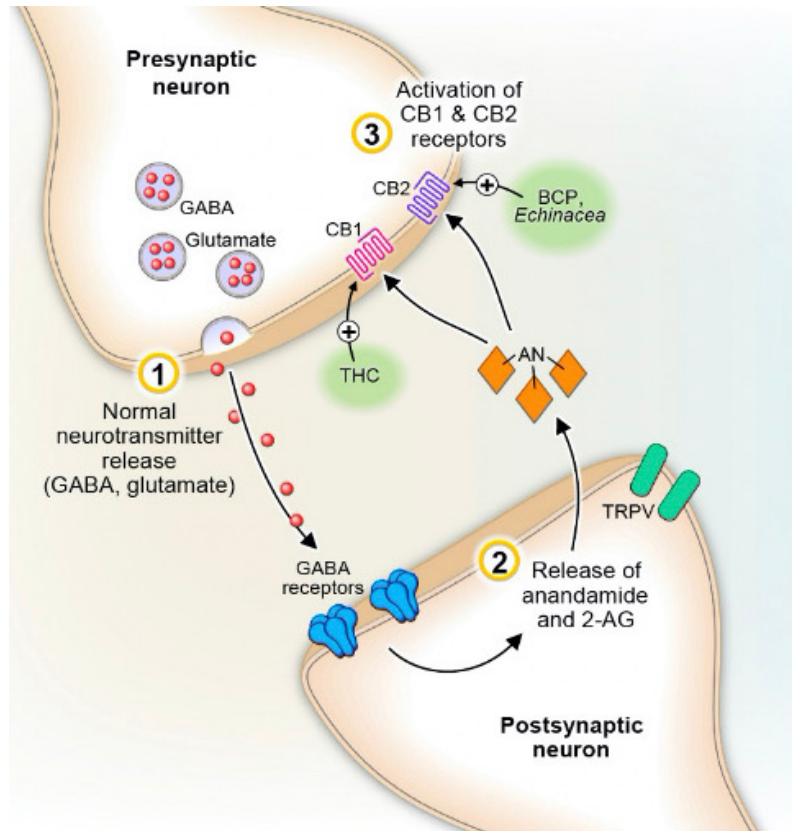
Ramer. *Front Pharmacol*. 09 May 2019.

ABCannabinoids



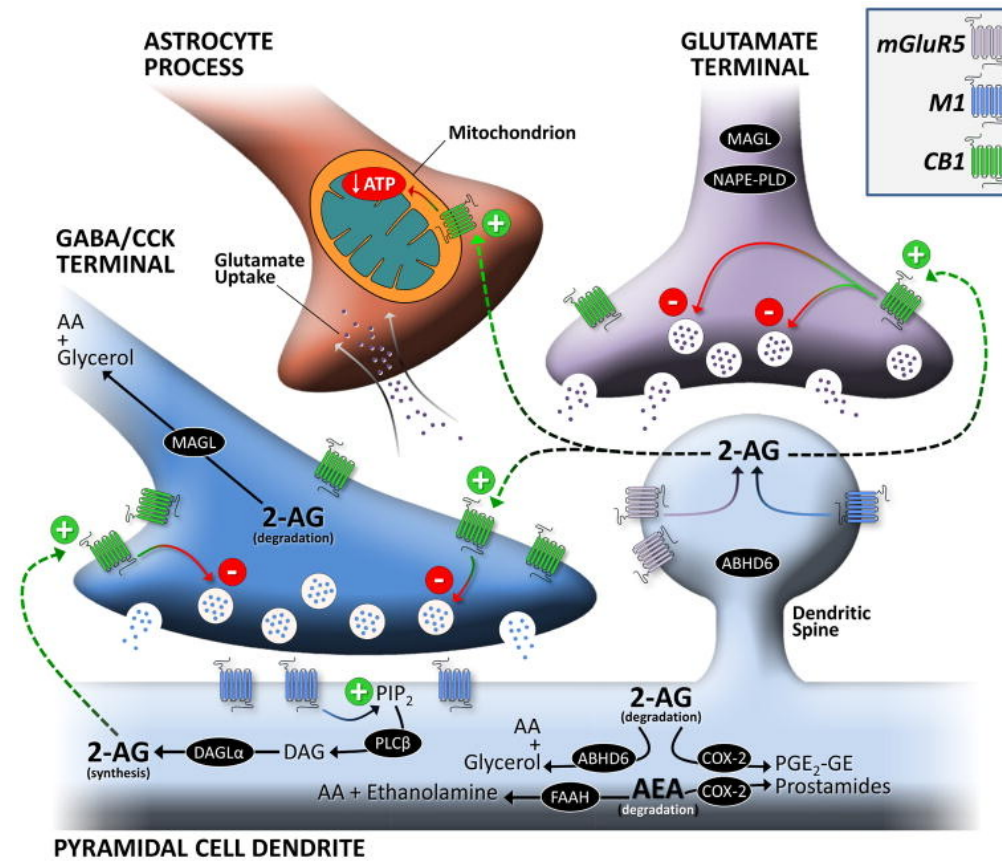
Ahmed. *Gastroenterol Hepatol (N Y)*. 2016;12(11):668-679.

GABBA, GABBA, GABBA



basicmedicalkey.com/sedative-hypnotic-and-anxiolytic-drugs-2/
 Mayo Clinic Proceedings 2019;94:1840-1851.

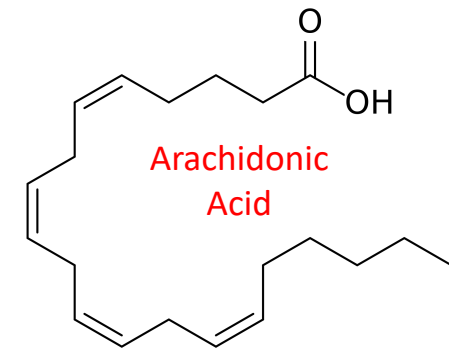
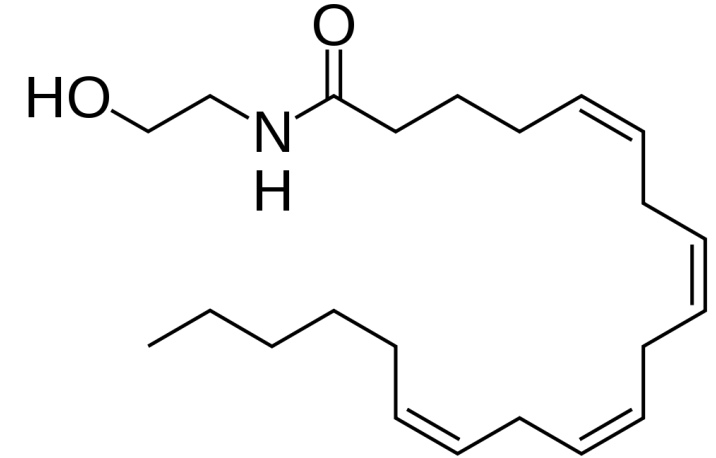
Endocannabinoids



Lu. *Biol Psychiatry*. 2016;79(7):516-525.

Anandamide (AEA)

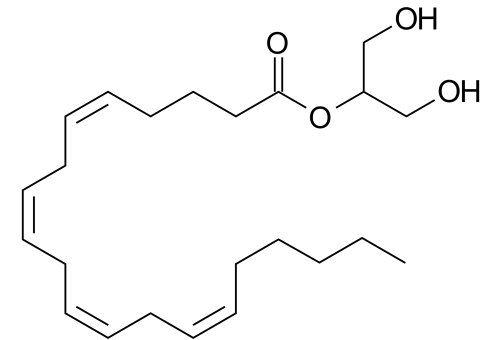
- Endocannabinoid
- Origin
 - Ananda (Sanskrit for “bliss, joy, delight”)
 - Amide (nitrogen)
- Fatty acid amide hydrolase (FAAH) enzyme
 - Metabolizes anandamide into ethanolamine and arachidonic acid
 - FAAH inhibitors are in clinical development
- 1992: First described and named by Raphael Mechoulam



Mayo Clinic Proceedings. 2019;94:1840-1851.

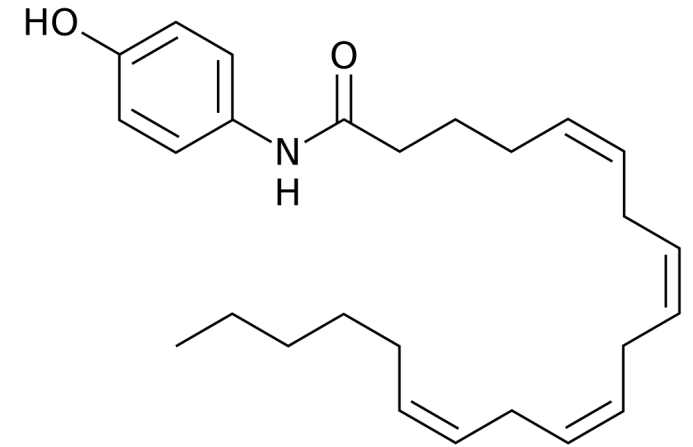
2-Arachidonylglycerol (2-AG)

- CB1 and CB2 agonist
- Ester formed from the omega-6 fatty acid arachidonic acid and di-acyl-glycerol
- Brain 2-AG levels are ~170 times higher than those of anandamide (AEA)
- Synthesized on-demand acting as a retrograde messenger inhibiting neurotransmitter release at both inhibitory and excitatory synapses (mediating plasticity)



N-Arachidonoylaminophenol (AM-404)

- An active metabolite of acetaminophen
- Mechanisms of action
 - Endogenous cannabinoid reuptake inhibitor (ECRI)
 - Think SSRI MoA, but cannabinoid instead of serotonin
 - TRPV-1 agonist
 - COX-1 and COX-2 inhibitor



Mayo Clinic Proceedings. 2019;94:1840-1851.

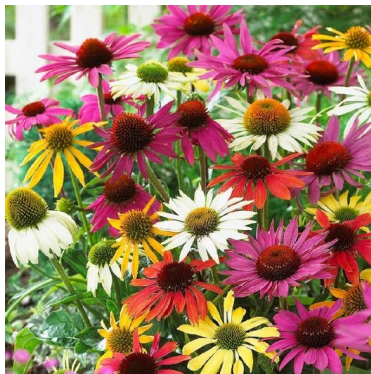
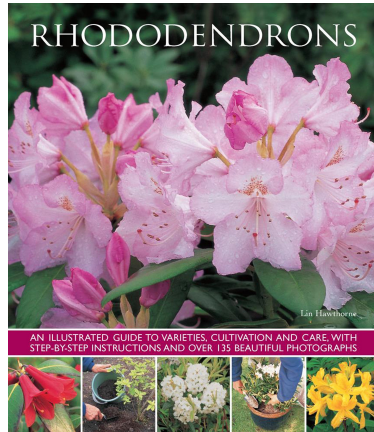
Cannabinoids

Endo-
Cannabinoids

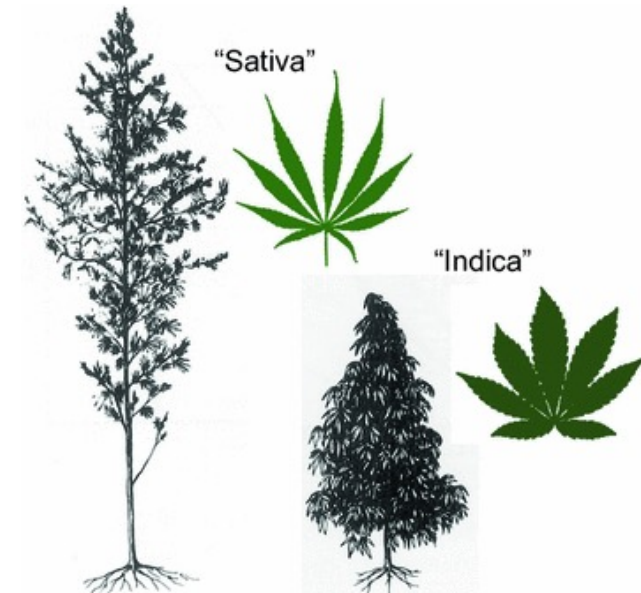
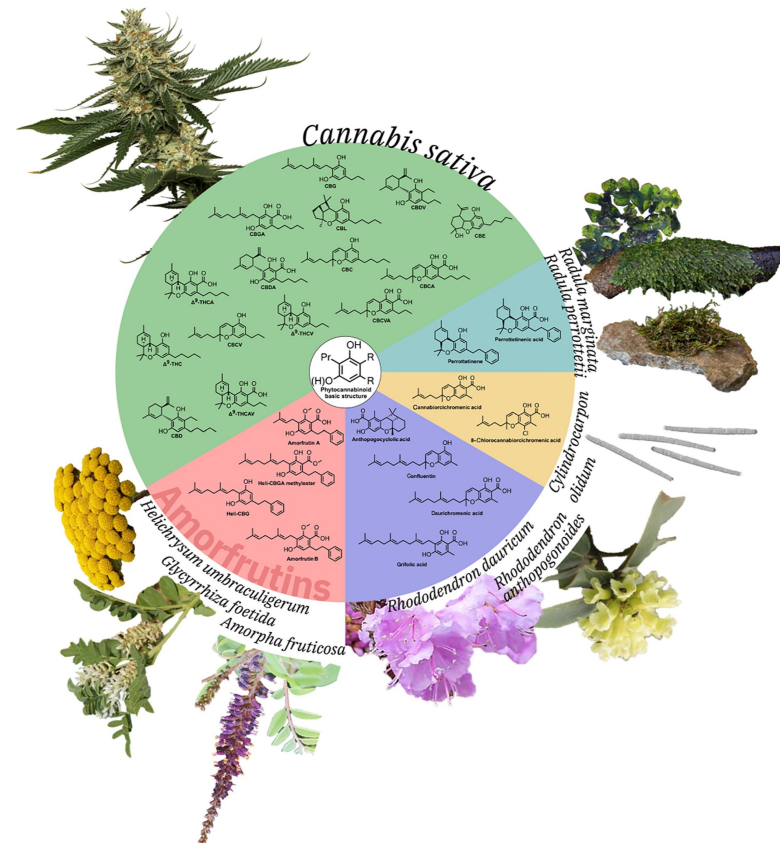
Phyto-
Cannabinoids

Synthetic
Cannabinoids

Cannabinoid Natural Sources



Echinacea



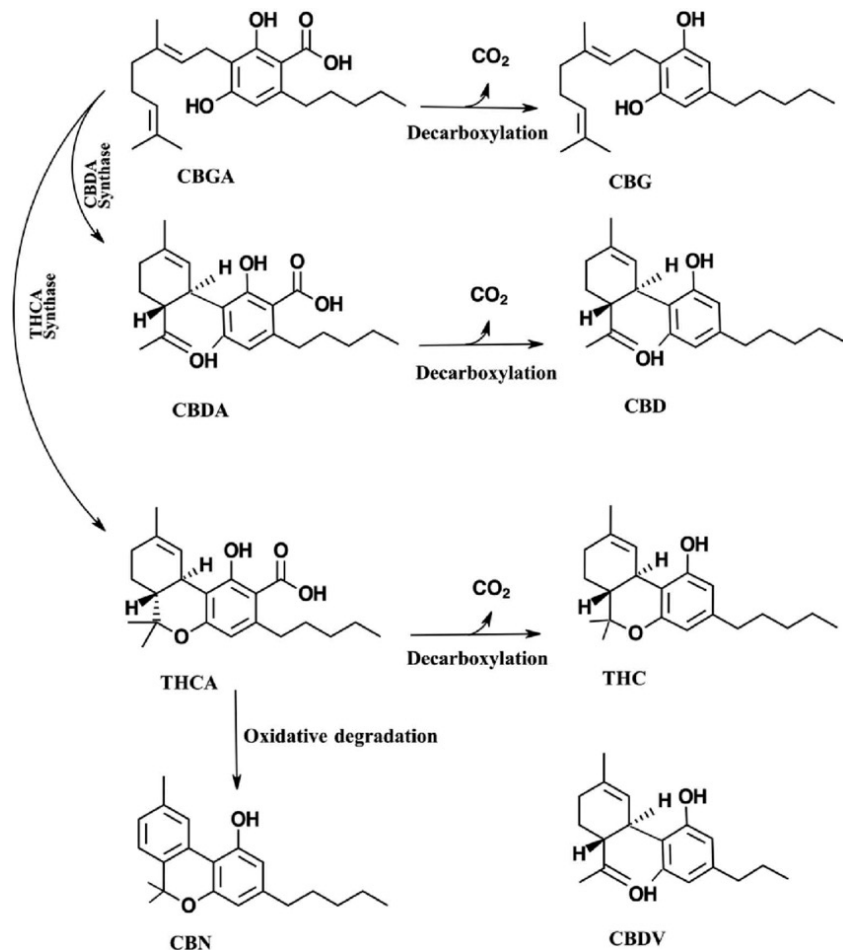
Trends in Plant Science

Trends Plant Sci. 2020 25985-1004.
Gertsch. *Br J Pharmacol.* 2010;160:523-529.

A Pot Full of Cannabinoids...



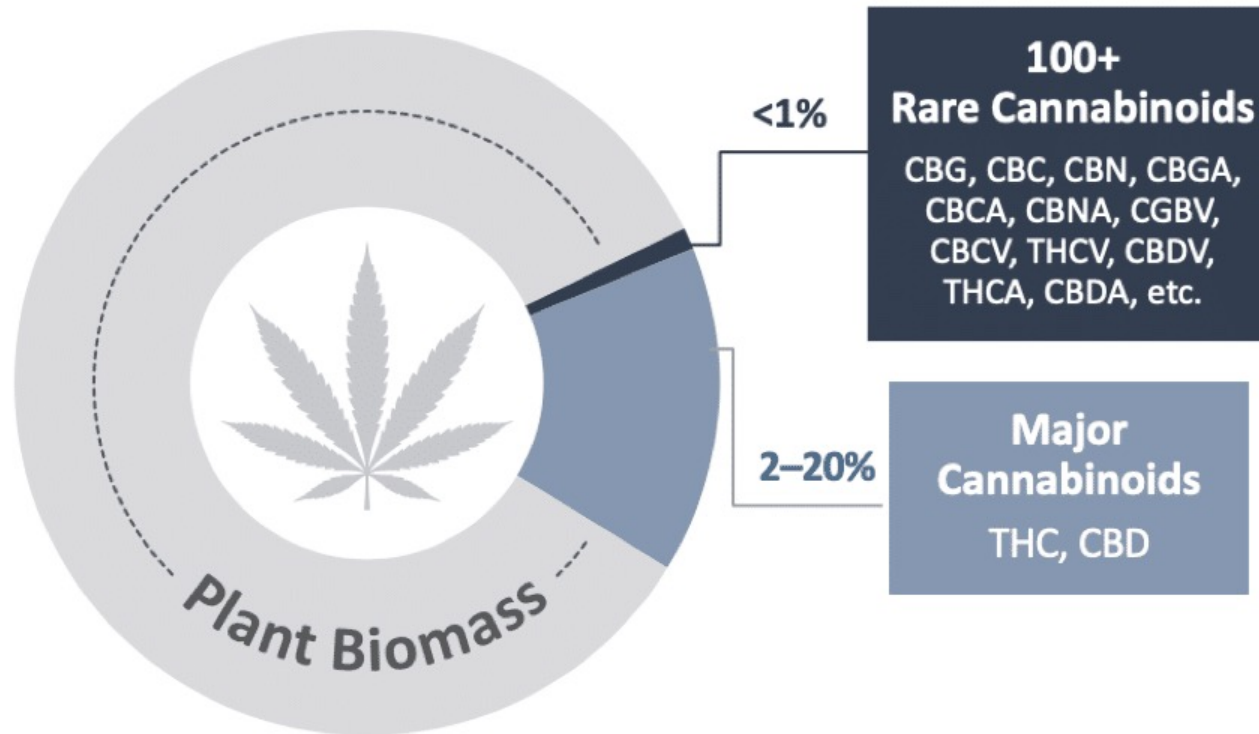
Cannabis Biosynthesis & Conversion of Cannabinoids



- CBGA: Cannabigerolic acid
- CBG: Cannabigerol
- CBDA: Cannabidiolic acid
- CBD: Cannabidiol
- THCA: Tetrahydrocannabinolic acid
- THC: Tetrahydrocannabinol
- CBN: Cannabinol
- CBDV: Cannabidivarin

www.researchgate.net/figure/Major-cannabinoids-present-in-Cannabis-sativa-L-Biosynthesis-and-conversion-pathways_fig1_332566538.

A Pot Full Of Cannabinoids

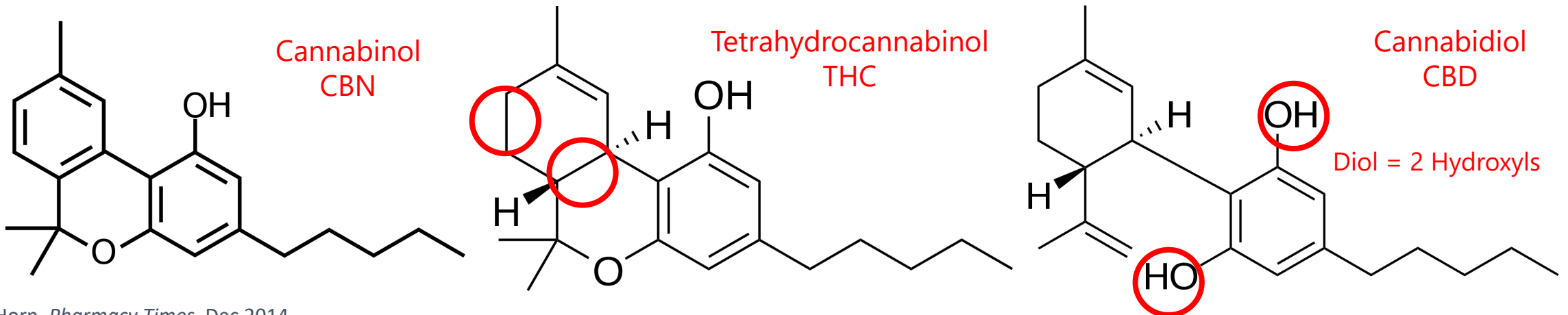
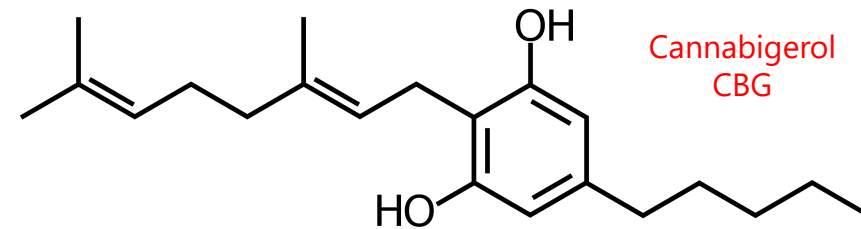


www.inmedpharma.com/media-news/cannabinol-101-the-science-of-cannabinol-cbn/.

Phytocannabinoids

100+ (Highlighting Big 4)

- CBG (Cannabigerol)
- CBN (Cannabinol)
- THC (Tetrahydrocannabinol)
- CBD (Cannabidiol)

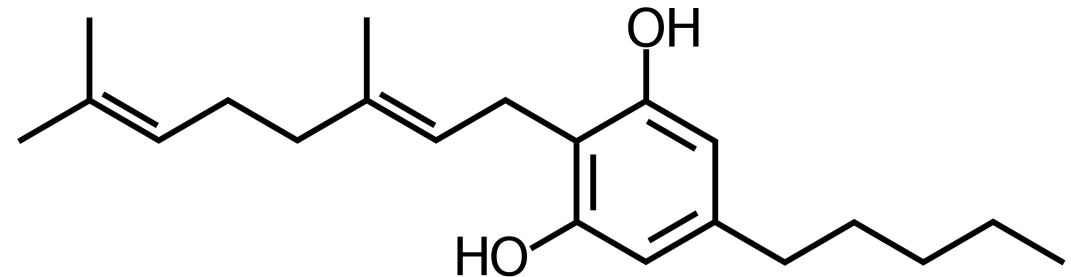


Horn. *Pharmacy Times*. Dec 2014.

www.royalqueenseeds.com/blog-cannabinol-cbn-what-is-it-and-what-are-its-effects-n474.

Cannabigerol (CBG)

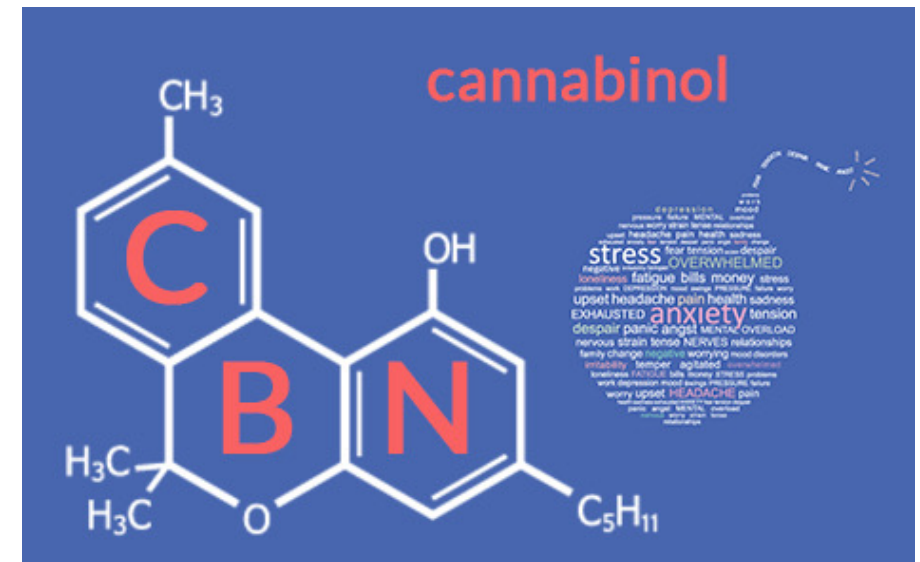
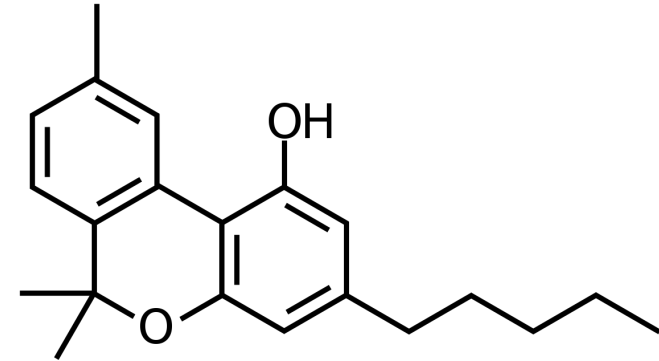
- “Mother of All Cannabinoids”
 - Plant produces 1st, then converted to other cannabinoids
- Constitutes <1% of cannabinoids in plant
- Mechanisms of action
 - Partial CB1 and CB2 agonist
 - Preferential CB2
 - Alpha-2 agonist
 - 5HT_{1A2} antagonist
 - TRPV1 agonist
 - Suggested to be a PPAR-gamma agonist



cannigma.com/plant/what-is-cbg/.

Cannabinol (CBN)

- 1st isolated natural cannabinoid (1896)
- Product of the degradation of THC
 - Heat and light
 - Not a THC metabolite
 - Not derived from CBG
- Mechanisms of action
 - CB1 and CB2 partial agonist
 - CB2 > CB1 receptor affinity

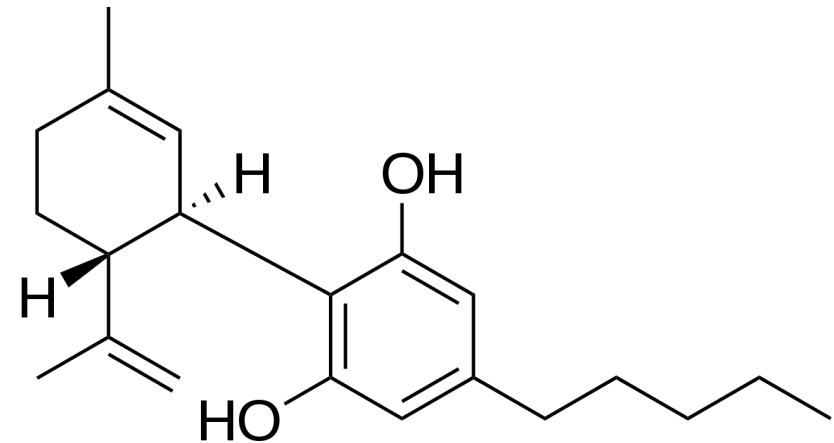


Horn. *Pharmacy Times*. Dec 2014.

Cannabidiol (CBD)

- Discovered in 1940
- 40% of plant cannabinoid extract
- Mechanisms of action
 - Indirect CB1 antagonist
 - GPR18 partial agonist and GPR55 antagonist
 - PPAR γ agonist
 - 5HT $_{1A}$ agonist
 - Mu and delta opioid modulator
- May reduce THC Clearance
- Bioavailability: oral (6%) and inhalation (11% to 45%)

- t $\frac{1}{2}$: 18 to 32 hours



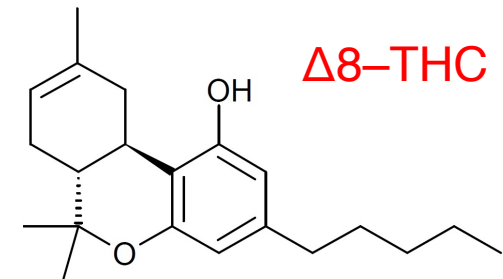
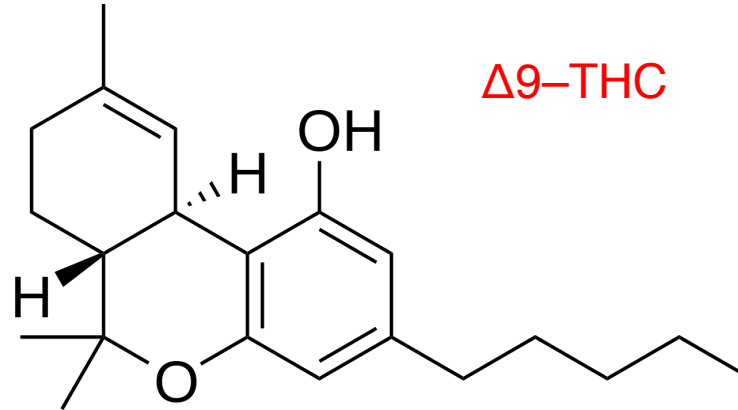
- CBD derived from hemp (with 0.3% THC or lower) is legal to sell as a cosmetics ingredient, but cannot be sold under federal law in food or dietary supplements

Horn. *Pharmacy Times*. Dec 2014.

Kathmann. *Naunyn Schmied Arch Pharmacol*. 2006;372:354-361.

Tetrahydrocannabinol (THC)

- Δ^9 -tetrahydrocannabinol
 - Δ^8 -tetrahydrocannabinol also exists
- Mechanism of action
 - CB1 partial agonist
- Inhalation
 - Immediate absorption
 - Peak 15 to 30 minutes
 - Taper off in 2 to 3 hours
- Oral ingestion
 - Effects delayed (30 minutes to 1 hour)
 - Peak 2 to 3 hours
 - Taper off in ~12 hours
- Highly lipophilic
 - Distributing rapidly to highly perfused tissues, and later to fat tissue



Cannabinoid Receptor Affinity

CBG, CBN, THC, and CBD

Green: Agonist
Purple: Partial Agonist
Red: Antagonist

Phytocannabinoid	CB1	CB2
CBG	+	+
CBN	+	+
THC	+	
CBD	×	

www.inverse.com/mind-body/thc-cbd-the-science-of-cannabinoids-and-the-brain
Navarro. *Front Pharmacol.* 2018;9:632.

Cannabinoids

Endo-
Cannabinoids

Phyto-
Cannabinoids

Synthetic
Cannabinoids

Synthetic Cannabinoids

CBD Derivatives

See “Medical” &
Recreational
Marijuana Course

- Hydrogenated
- Dimethylheptyl (DMH)
- C4'-alkyl chain modifications
- Halogenated (Cl, Br, Fl, & I)
- Hydroxyl
- Diacetylated
- Quinones



Synthetic Cannabinoids THC Derivatives

See “Medical” &
Recreational
Marijuana Course

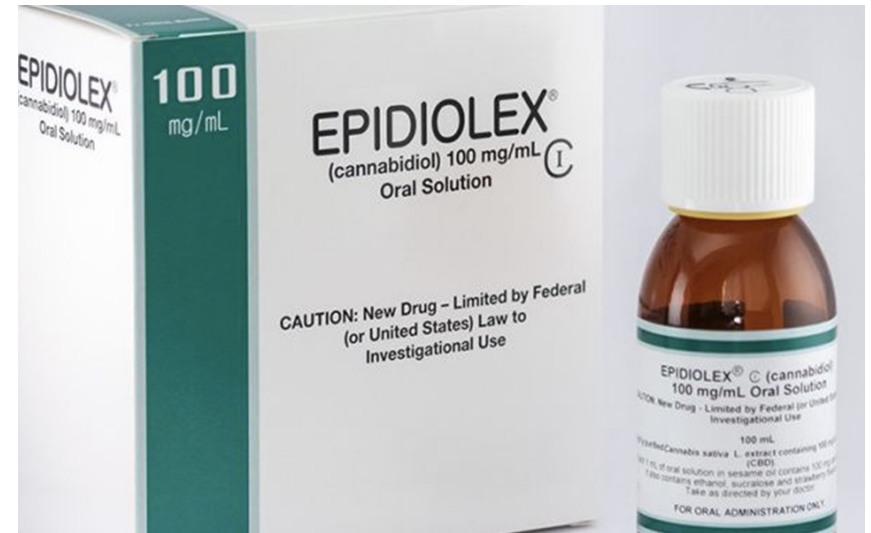
- 1st generation
 - Sterling-Winthrop Aminoalkylindoles (WIN-X)
 - John Williams Huffman (JWH-X)
 - Hebrew University (HU-X)
 - Charles Pfizer (CP-X)
- 2nd generation
 - Alkyl derivatives
 - N-methylpiperidines
 - Benzoindoles
- 3rd generation
 - Indoles
 - Indazoles



Synthetic Cannabinoids

Cannabidiol (Epidiolex)

- FDA approvals ($\geq$ 2yo)
 - Dravet syndrome
 - Tuberous sclerosis
 - Lennox-Gastaut syndrome (LGS)



Clinical Pharmacology Online Database.

Synthetic Cannabinoids

Tetrahydrocannabinol Products

- Dronabinol (Marinol[®]) capsules
- Syndros[®]: liquid, C3
- FDA approvals
 - Chemo-induced N/V
 - Aids-anorexia
- Off-label
 - Cancer-anorexia
 - Intractable pruritus secondary to cholestatic liver disease



Clinical Pharmacology Online Database.

Synthetic Cannabinoids

CBD and THC (Nabiximols)

Approvals and trials

- Approved for MS spasticity in >2 dozen countries (Canada, Mexico, Europe, etc)
- Approved for MS neuropathic pain and cancer pain in Canada
- US Phase 3 clinical trials (MS spasticity and neuropathic pain)

Dosage

- Each 100-microliter spray contains:
 - 2.7 mg delta-9-tetrahydrocannabinol (THC)
 - 2.5 mg cannabidiol (CBD)
- Dose titration (sprays)
 - Starting with 1/day up to 12/day



www.practicalpainmanagement.com/treatments/pharmacological/analgesics-future-potential-endocannabinoid-system.

Synthetic Cannabinoids

Nabilone

- Nabilone capsules
- Controlled Substance Class 2
- FDA approval: chemo-induced N/V (CINV)



The More Cs, the More Potency

Novel Cannabinoids

Cannabinoids and Carbon Chains

Novel Cannabinoids Cannabinoids and Carbon Chains

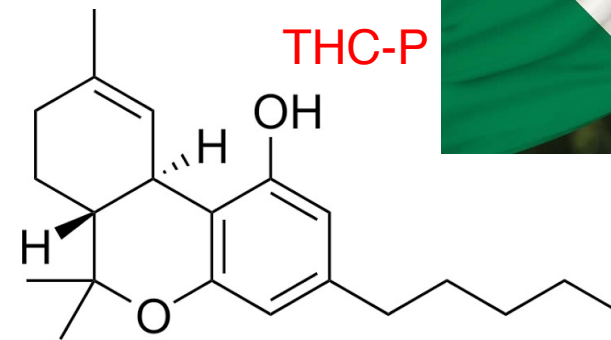
The More Cs, the More Potency

Novel Cannabinoids

THC-P & CBD-P

7C

- 7-carbon chain as compared to 5-carbon chain
- THC-P (tetrahydrocannabiphorol)
 - THC-P is 33x > potent than THC
- CBD-P (cannabidiphorol)
- First observed naturally in an Italian medicinal cannabis variety
 - Italian FM2



weedmaps.com/news/2020/08/an-in-depth-look-at-the-study-that-discovered-thcp-a-cannabinoid-more-potent-than-thc/.

Adams. *J Am Chem Soc.* 1941;63:1971-1973.

Martin. *J. Pharmacol Exp Ther.* 1999;290:1065-1079.

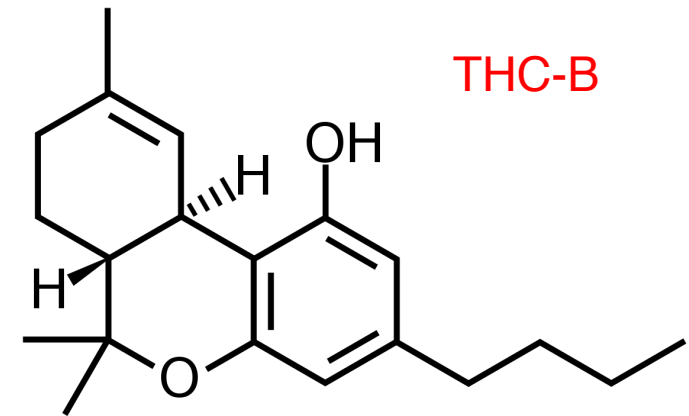
Citti. *Sci Rep.* 2019;9:20335.

Novel Cannabinoids

THC-B & CBD-B

4C

- Butyl 4-carbon chain
- THC-B (tetrahydrocannabutol)
- CBD-B (cannabidibutol)



weedmaps.com/news/2020/08/an-in-depth-look-at-the-study-that-discovered-thcp-a-cannabinoid-more-potent-than-thc/.

Adams. *J Am Chem Soc.* 1941;63:1971-1973.

Martin. *J. Pharmacol Exp Ther.* 1999;290:1065-1079.

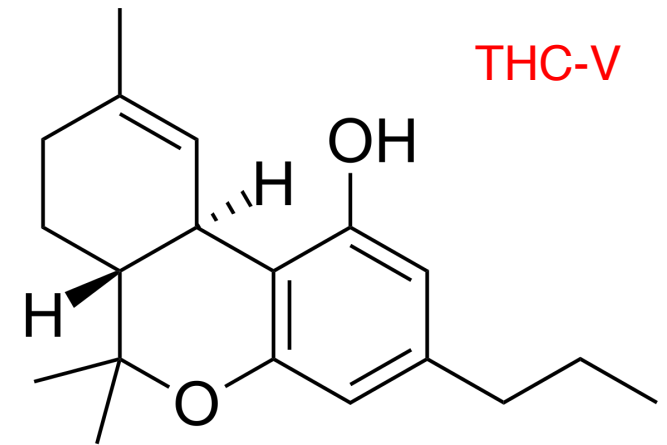
Citti. *Sci Rep.* 2019;9:20335.

Novel Cannabinoids

THC-V & CBD-V

3C

- Varinoid 3-carbon chain
 - Minimum Cs for CB-receptor binding
- THC-V (tetrahydrocannabivarin)
- CBD-V (cannabidivarin)



weedmaps.com/news/2020/08/an-in-depth-look-at-the-study-that-discovered-thcp-a-cannabinoid-more-potent-than-thc/.

Adams. *J Am Chem Soc.* 1941;63:1971-1973.

Martin. *J. Pharmacol Exp Ther.* 1999;290:1065-1079.

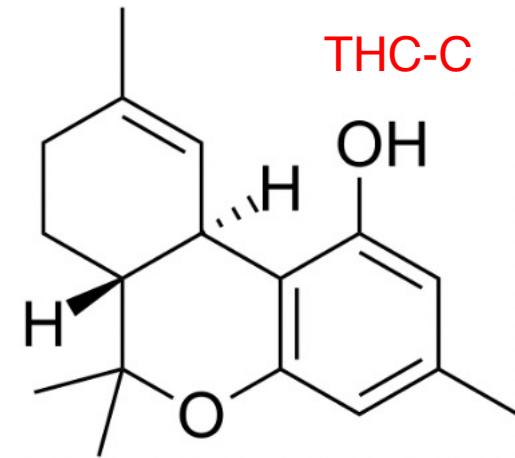
Citti. *Sci Rep.* 2019;9:20335.

Novel Cannabinoids

THC-C & CBD-C

1C

- Orcinoid 1-carbon chain
- THC-C (tetrahydrocannabiorcol)
- CBD-C (cannabidiorcol)



weedmaps.com/news/2020/08/an-in-depth-look-at-the-study-that-discovered-thcp-a-cannabinoid-more-potent-than-thc/.

Adams. *J Am Chem Soc.* 1941;63:1971-1973.

Martin. *J. Pharmacol Exp Ther.* 1999;290:1065-1079.

Citti. *Sci Rep.* 2019;9:20335.

Cannabis & Cannabinoids



SATIVA



INDICA



RUDERALIS

Endo-
Cannabinoids

Phyto-
Cannabinoids

Synthetic
Cannabinoids

Painweek.

ADVANCED EDUCATION

CERTIFICATION SERIES

CANNABINOIDS

A repeating pattern of cannabis leaves in a dark green color, serving as a background for the 'CANNABINOIDS' text.

Cannabis & Cannabinoid Pharmacology

Mark Garofoli, PharmD, MBA, BCGP, CPE